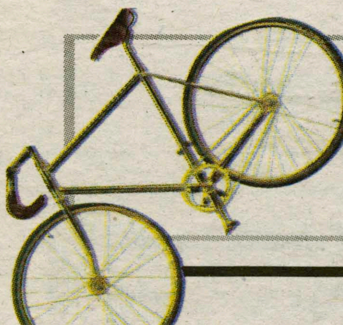

GOLDEN BIKES

Reaction to the disappearance of the golden bikes.
See page 5

RUNNING WILD

Weighing the pros and cons of running with shoes.
See page 14

UNDEFEATED

Men's soccer remains undefeated through five games.
See page 16

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THE SPECTATOR

Thursday September 23, 2010

Volume LI Number 4

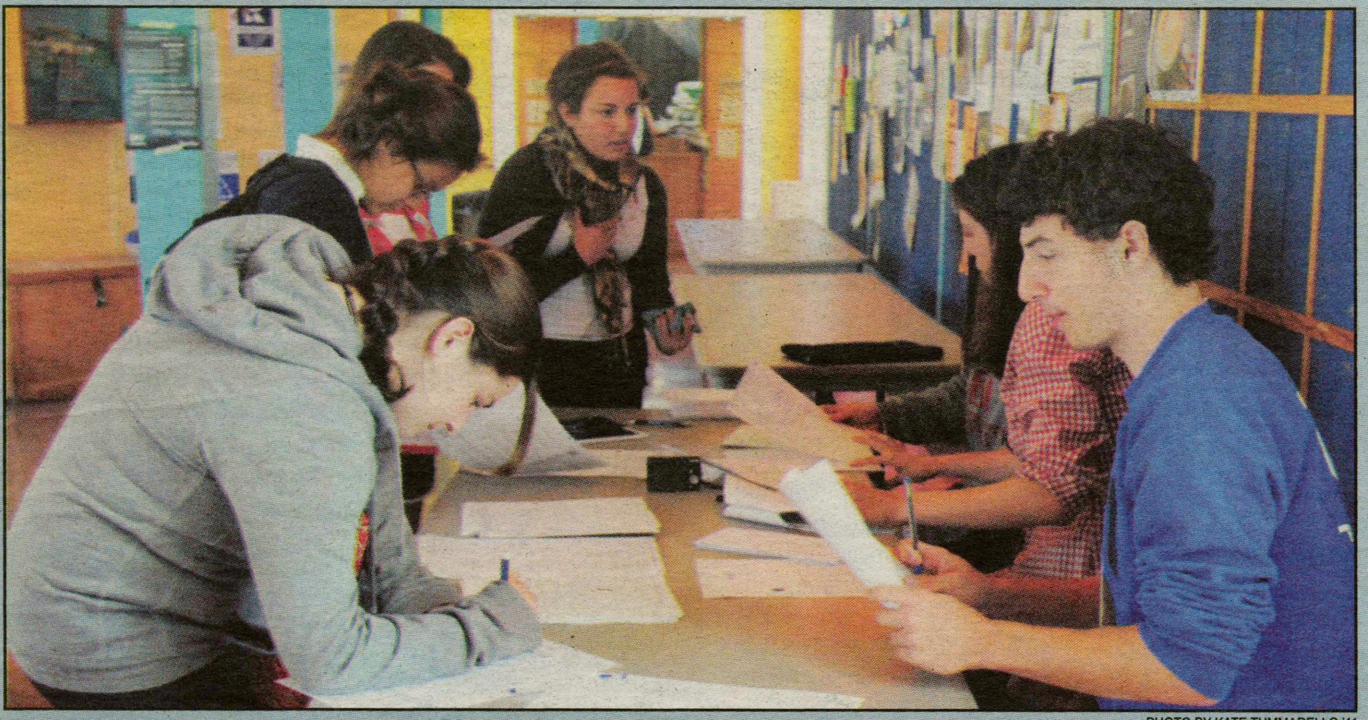

PHOTO BY KATE TUMMARELLO '11

Students registered to vote during the drive sponsored by the Hamilton College Democrats last Friday.

2010 Hamilton Democrats and Republicans register over one hundred student voters

by Kate Tummarello '11
Editor-in-Chief

On the 223rd anniversary of the signing of the Constitution, Hamilton students were signing their names on voting registration forms.

The voting registration drive, held last Friday, was sponsored by the Hamilton College Democrats and the Office of the President. The drive was held in an attempt to "focus people on the upcoming election and encourage a strong turnout," according to Hamilton College Democrats co-President Olivia Waxman '11. "We are trying to turn well-educated students into well-educated voters."

According to Waxman, 70 students from 14 states registered to vote at Friday's drive. Pleased with the results, Democrats co-President Becky Cairns '11 said, "We registered more people than I expected and everybody that stopped by showed genuine enthusiasm to be voting in November."

Cairns was optimistic about the individuals who registered. "Although we all sometimes feel that our individual vote doesn't make a difference," she said, "everyone I talked to on Friday understood the importance of registering and participating in elections."

This registration was held in addition to the one usually held during matriculation on Tuesday, Aug. 24. This year's matriculation voting registration was held by the Hamilton College Republicans and the Office of the President and registered about 135 students, according to Sue Campanie, events administrator.

Those who missed the registration drives can find more information and voting registration forms at www.elections.state.ny.us/Voting.html for New York residents and www.eac.gov/voter_resources/register_to_vote.aspx for out-of-state students.

New parking system results in reduction of citation appeals

by Sarah Destin '14
News Contributor

While parking may seem like a relatively simple activity, anyone who has ever tried to get a spot at the mall right before closing on Christmas Eve or a spot in some of the more popular student lots at Hamilton knows just how difficult it can be.

This year, Campus Safety has eliminated the assigned student parking lots, allowing for students to park in any student lot of their choosing. However, this can make it difficult for students to find parking in the lot closest to their residence hall.

Director of Campus Safety Francis Manfredo has found that the main problems that have arisen with the new system are a lack of parking for the residents of G-Road as well as the fact that upperclassmen feel that they deserve seniority when it comes to parking.

"Many students visit G-Road and park leaving no parking spaces for residents of G-Road. I have also heard from a few seniors who are not happy and believe they deserve preferred parking in their senior year," said Manfredo.

However, Manfredo also points out that while Campus Safety has not run a comparison of the number of tickets given out with the two systems, they have received fewer appeals so far this year.

"Although I have not officially run a comparison from last year, I have noticed there have been many less appeals filed this year than last, leading me to believe that there have been less tickets issued this year," said Manfredo.

"I think [the new system] is a good idea, mostly because I got tons of parking tickets

see *Parking*, page 3

Adirondack Canoe Classic tests students' endurance, teamwork

by Adam Fix '13
News Contributor

Human-powered boats, the form of transportation most characteristic of the Adirondack region, were put to the test in the Adirondack Canoe Classic, better known around the Hamilton Outing Club as "The 90-Miler," held the weekend of Sept. 10.

Conceived in 1983 in the village of Saranac Lake, the 90-Miler represents the pinnacle of many boaters' years, and a substantial community of paddling enthusiasts has developed around the event in its 27-year history.

The three-day race began at Old Forge Pond, where racers paddled roughly 35 miles to the next checkpoint at Blue Mountain Lake. Each day contained roughly 30 miles of paddling, plus several carries over land. The finish line was on Saranac Lake, where the event first took place.

Ryn Steck '12 and Andrew Pape '11, both enjoyed the community atmosphere and competition while also noting the physical challenge of a 90-mile race. Steck asserted that the race was "one of the most rewarding things I've ever done at Hamilton."

On the outcome of the race, Pape noted that "a lot of [competitive boat racing] is technique" and admitted that his team was not as coordinated or efficient as some of the more experienced racers. While conceding that "we definitely wasted energy," Pape went on to declare the overall performance of the team as "a great tale in self-improvement."

"Even though we got second to last in our class, it was great to see our boat improve over the three days," said Peter Lauro '12. The Hamilton participants, including current students, returning alumni and a smattering of parents as well, paddled three boats. Lauro, who had never paddled competitively before coming to Hamilton, later expressed the team's goal to make canoe racing a club sport on campus.

PHOTO COURTESY OF PETER LAURO '12

Ryn Steck '12, Peter Lauro '12, Adam Kelsey '13 and Kate Bennert '12 participated in the three day, 90-mile Adirondack Canoe Classic.

Hamilton Outing Club Director Andrew Jillings, paddling a C-2 Amateur tandem canoe, also competed in a separate division on the same 90-mile course. Jillings and his partner and friend Michel Archambault came in second place overall, beaten only by a

see *Canoe*, page 3

Lawyer Jay Sekulow emphasizes students' first amendment rights

Constitutional values remain strong at liberal arts schools

by Patrick Landers '12
News Contributor

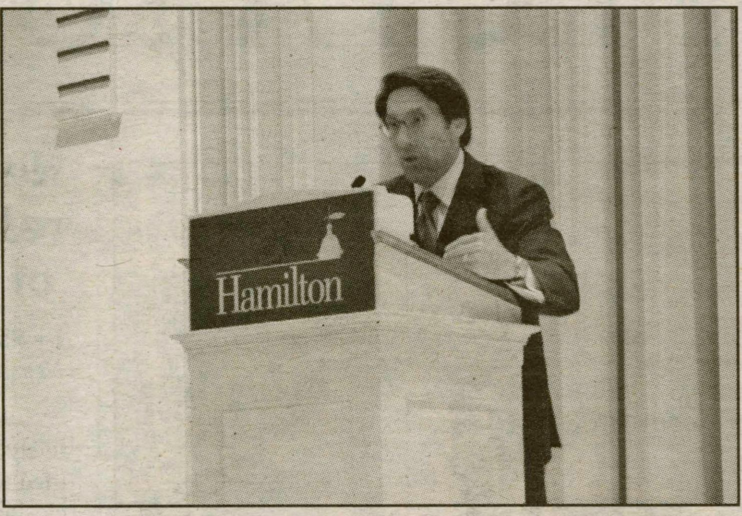

PHOTO BY SCOTT MILNE '14

Jay Sekulow has argued several controversial cases about abortion and religion before the Supreme court.

"For in politics, as in religion, it is equally absurd to aim at making proselytes by fire and sword. Heresies in either can rarely be cured by persecution." Quoting Alexander Hamilton in Federalist No. 1, renowned lawyer Jay Sekulow previewed the theme of the third David Aldrich Nelson Lecture on Constitutional Jurisprudence, delivered in the Chapel last Friday. In a speech sponsored by the Alexander Hamilton Institute (AHI) and the newly formed Libertas Americana Project, Sekulow focused on the role of freedom of thought, speech and religion in the U.S. legal system and their particular importance to an institute of learning like Hamilton College.

Opening the night, Publius Virgilius Rogers Professor of American History Robert Paquette discussed the AHI and the background of the Nelson Lecture. Held annually on Constitution Day, the lecture is named after Judge Nelson, the Class of 1954 Hamilton College valedictorian, who President Reagan appointed to the U.S. Sixth Circuit Court of Appeals in 1985. Nelson has also served as a trustee of Hamilton College and currently sits on the AHI's Board of Directors.

Professor of History Douglas Ambrose then introduced Sekulow, who has argued numerous cases on freedom of thought, religion and speech before the Supreme Court. He currently serves as the Chief Counsel for the conservative American Center for Law and Justice and its European counterpart, which has furthered his status as one of the most influential legal advocates in the United States.

Sekulow began his lecture by discussing his recent trip to a legal conference in China. The fascinating aspect for him "was that they're wrestling with and grappling with the very issues our founders wrestled with over 200 years ago." Many of the issues the Chinese face, such as freedom of religion, thought or speech, are especially pertinent to students receiving a liberal arts education.

As unique places for the marketing of ideas, colleges and universities, according to Sekulow, should allow the debate of controversial ideas and not stifle foolish or politically unpopular speech. Such speech should be met with more speech, and there is never a need to belittle or silence opposing views. As a lawyer, the first thing he does when studying a case is put himself in the opposing side's perspective and attempt to argue their points. A similar approach should be taken on a college campus, which is why Sekulow is particularly disturbed by the daily e-mails his law center receives about professors and administrators silencing speech. He believes that we often penalize opinions out of fear. The United States purposefully protects free speech in order to promote the interaction of differing opinions.

> **"As unique places for the marketing of ideas, colleges...should allow the debate of controversial ideas and not stifle foolish or politically unpopular speech."**

Throughout his speech, Sekulow referenced relevant legal cases he had argued before the Supreme Court. Many of these were extremely controversial, including free speech of abortion clinic protesters and religious activities at public schools. Sometimes he won, and sometimes he lost. Here in the United States, belief in the rule of law ensures that all parties accept that the legal system settles disagreements, even if the parties don't always get what they want. The rule of law helps reinforce our unique legal system which guarantees essential freedoms like speech and thought.

This aspect of our legal system feeds into Sekulow's closing defense of "American exceptionalism," which is personally based on the contrast between the opportunities he has had in America and the experience of his Jewish relatives under Nazi rule. His lecture's strong opinions and the question-and-answer discussion which followed served as an excellent example of Sekulow's emphasis on the role and value of speech on a college campus.

Redesigned website offers updated look, expanded editing privileges

by Kerry Q. Coughlin '11
Senior Staff Writer

This past week, the Hamilton College website got a makeover for the first time in over four years. On Monday, Sept. 13, the Hamilton community was unable to access the website for some time as the changes were implemented. During this time, over 10,000 pages of the Hamilton website were formatted to the new design and all of the content was ported to the new version of SiteManager, the content management system of the website.

J.D. Ross, director of New Media, said that four years is a long time in the web world for little to no change to occur in the website, and that much of the website was quite dated. "We've refreshed the look and feel of the website to bring it more in line with current best practices in web design and navigation," said Ross.

Some of the changes include a new drop-down menu with several additions, such as Outcomes, Parent Programs and a first level link to the Athletics page.

Additionally, use of the SiteManager content management system has been extended to students and faculty. This means that student organizations can use this program, supported by Information Technology Service, to publish content. "We think this will make it much easier for student groups to keep and maintain their sites," said Ross. Classes are being offered by ITS to SiteManager editors in order to teach the new system.

However, the transition was not without kinks. The New Media team and Web Services in ITS will be spending the next few weeks addressing any bugs and content issues on the website. The two priorities right now are addressing the website applications that were hindered in the move, and recovering lost and corrupted content.

AMHERST · BATES · BOWDOIN · COLBY · CONNECTICUT COLLEGE

NESCAC NEWS

by Joshua Yates '14
News Writer

Connecticut College

Environmentalism is taking Connecticut College by storm, and the students are uniting in a common effort to "Go-Green" never before seen on campus. Members of several student clubs and organizations, including Forest Justice, Oceana, the Renewable Energy Club, the House Environmental Representatives, the Student Government Association and the Goodwin-Niering Center for the Environment, recently established the Environmental Leaders Coalition to coordinate efforts and enhance communication.

"We want to bring the student environmental voice to the forefront of the student body, the administration and the New London community," co-founder Elias Kauders said in an interview with the Connecticut College news.

Together with students from Wesleyan and Yale, the students organized to form Connecticut Students for a Just and Stable Future, a group dedicated to encouraging government officials and citizens to adopt policies and living practices that protect the ecosystems that sustain life. Kauders says, "We want to show people that yes, we are all working together toward a cleaner planet."

Bowdoin College

Sometimes there is no better feeling than lending the community a helping hand, and for Bowdoin students, this feeling will be felt all throughout the campus as Bowdoin prepares for its 12th annual Common Good Day. Launched in 1999, this event was inspired by the 1802 inaugural address of Bowdoin's first president, Joseph McKeen, who stated, "It ought always to be remembered that literary institutions are founded and endowed for the Common Good, and not for the private advantage of those who resort to them for education."

On Common Good Day 2010, teams of Bowdoin volunteers will be working on various projects for approximately 60 local non-profit and municipal organizations in the greater Brunswick and Portland areas. This year's projects, according to the Bowdoin Daily Sun, include activities such as "helping with trail maintenance with the Freeport Conservation Trust," "providing organizational and clerical assistance for Community Financial Literacy" and "an autumn cleanup of dog trails at the Coastal Humane Society." Bowdoin Senior Benny Chen says in the *Daily Sun*, "At the end of the day, the community is bigger and stronger thanks to everyone's contributions. Each year, I leave Common Good Day feeling proud of what we have accomplished and inspired by the potential for positive change that Bowdoin represents."

Wesleyan University

Sara McLaughlin, abused animals and music that makes all of us cry. Haven't we all seen this commercial before? Wesleyan University has not only seen it, but is also trying to bridge the gap between humans and animals in a very unique way. Through Wesleyan's recently launched College of the Environment, a brand new course of study called Wesleyan Animal Studies (WAS) will be launched in spring 2011. This exciting event comes after the recently formed partnership between Wesleyan and the Animals and Society Institute (ASI). The ASI is "an independent nonprofit research and public policy organization based in Ann Arbor, Michigan."

Together, both Wesleyan and the ASI will offer students the "ASI-WAS Human-Animal Studies Summer Fellowship," an amazing opportunity to work with two of Wesleyan's best faculty exploring Animal Studies. According to the Wesleyan Newsletter, Animal Studies is "an emerging interdisciplinary field that examines past and present relations between human and nonhuman animals, including the ethical implications and social, political, and ecological effects they have in and on the world." The university hopes this fellowship will "foster scholarship" on human-animal relations from a variety of academic perspectives.

MIDDLEBURY · TRINITY · TUFTS · WESLEYAN · WILLIAMS

Hamilton blood drive contributes 100 pints to American Red Cross

by Amanda Pichardo '14
News Contributor

Sixteen million pints of blood are donated every year, according to the American Red Cross. On Friday, Sept. 17, members of the Hamilton College community contributed around 100 pints to that total at the blood drive sponsored by the Psi Upsilon fraternity. "This is an unusually busy blood drive. When we go to businesses and other colleges, we don't have nearly as many people as we have now," said Nancy Kelly, who has been a volunteering with the American Red Cross for more 20 years. "I am really impressed with the students' willingness to donate."

Donors go through a screening process to make sure they are healthy and eligible before donating. According to the American Red Cross web site, the typical donation is around 1 pint of blood, which is roughly one-tenth of the average person's blood supply. The needles used to collect the blood are used only once and are disposed of immediately after, making blood donation a very safe procedure. After donating, donors receive stickers and refreshments at the canteen, where they are required to wait for a few minutes before leaving to ensure no complications, such as fainting or dizziness, arise. The collected blood is screened for blood type and transferrable diseases, and then distributed to hospitals.

"We feel like it's important to be involved in the community and help out however we can," says Cam Gibbar '13, a member of the Psi Upsilon fraternity, which sponsored the blood drive. "I think the drive is great. I love seeing people helping people."

Although Hamilton's participation at the blood drive was high, more donors are always needed. "There are serious blood shortages in the region in general, therefore it is critical that we get people involved because of this," said Dave Thompson, director of campus wellness and physical education professor.

PHOTO BY KATE TUMMARELLO '11

The Red Cross was impressed with the high turnout at last Friday's blood drive.

"We're always looking for more donors, so spread the word."

Students were grateful for the opportunity to donate blood right on campus. "I'm very busy especially during weekends, [so] though I would love to help the community, I don't have the chance to," said Scott Pillette '14. "The blood drive is so convenient because it's right here on campus."

Anna Michael, a donor specialist at the event, shared that she donates blood every 56 days, as well as drawing blood from others as a profession. "I love my job, I've been here for four and a half years and it's awesome," she said. "Besides getting to meet a bunch of new people every day, I help save lives, which I feel is the number one reason to donate blood."

Alum dedicates medical career to elimination of landmines

by Biff Parker-Magyar '12
News Contributor

As of 2010, there are one million landmines scattered throughout 64 countries worldwide. These explosive devices cost $3 to produce but $1,000 to find and destroy. Dr. James Cobey '65 has spent much of the past 20 years of his life working so that these landmines will not be "found by leg after leg."

Last Wednesday, Cobey, an orthopedic surgeon at the Washington Hospital Center, Washington D.C., spoke about his work on the "The International Campaign to Ban Landmines" in the first Levitt Speakers Series event of the year.

Cobey has been involved in the campaign since 1991, when, during an eight-week long trip to Cambodia, he saw the terror and destruction that landmines, a military technology he considers obsolete, can wreak.

"Every direction you looked, people were missing legs," he said. When you step on a landmine, "your feet become a missile. I've taken pieces of feet out of people's eyes."

Using the research he conducted in Cambodia, the International Campaign to Ban Landmines (ICBL) published "Landmines in Cambodia." In 1996 at the Ottawa Convention Banning Landmines, NGOs like ICBL negotiated alongside international governments as 122 of them signed the Mine Ban Treaty.

After the success of the ICBL, Cobey shared in the 1997 Nobel Peace Prize as a member of Physicians for Human Rights. In 1998, he was awarded the American Red Cross's International Humanitarian Service Award. In 2002, he won the Frank Annunzio Award in the Arts/Humanities/Humanitarian field.

Outside of his work with ICBL, Cobey is a board certified orthopedic surgeon with a Doctor of Medicine as well as a Masters in Public Health from Johns Hopkins University, a team doctor for Gallaudet University, an instructor on international humanitarian law and disaster relief for the Red Cross, a professor of orthopedics at Georgetown University and a senior associate at Johns Hopkins Bloomberg School of Public Health.

His work with ICBL will continue until the complete eradication of landmines. Through 2010, 156 countries have signed the Mine Ban Treaty, but the United States is one of only two countries in the Western Hemisphere that has not, alongside Cuba.

He noted that while there are 68 Senators who would vote to support the treaty, the upcoming mid-term elections mean that any action would have to occur before then.

Asked about his success after Hamilton, where he was a History major, Cobey pointed to "the value of a liberal arts education. There aren't many orthopedists who do public health. I knew I wanted to work internationally, but I knew I had wanted to be a doctor since age five."

"Once you know what you're interested in you're free to explore other subjects," he said. "I knew I would spend the rest of my life being a doctor, so I took the minimum amount of biology and took history because it gave me a broader perspective."

Outing Club Director places second in 90-mile race

from Canoe, page 1

nationally ranked paddling team. This being his fourth 90-miler, Jillings commented that "we did as well as we could expect."

Although the race was rigorous and highly competitive, nearly every paddler enjoyed and felt highly accomplished afterwards. Despite their overall placing, Lauro affirmed that, in a reference to one of the Outing Club's most traditional backcountry meals, "I'm a proud member of Team Meatstick."

Upperclassmen lament loss of parking seniority

from Parking, page 1

for forgetting I left my car in the wrong parking lot over the weekend, and then forgetting to move it back," said Claire Cassiello '11. "After class some days, I have to go straight to Utica, so I can drive to my class and park my car nearby and not worry about getting tickets anymore."

However, numerous students feel that the new parking system inconveniences them instead of helping them have more freedom with where they park their cars.

"As a student who frequently makes trips off campus for my various jobs, I find it frustrating to leave campus and return only to find that I have to park in North Lot when I was counting on getting Ferguson Lot in order to return to my classes and on-campus duties," said Marisa Low '11.

"The new parking system is a lot like communism. Good in theory, horrible in practice. And it goes off of this weird assumption that sophomores deserve the same rights to a good parking spot as upperclassmen," said Lauren Magaziner '12. "The problem with the parking situation is that it is an unreliable system. Every single time I go to get my car, I never remember where it is. And actually getting a parking space in the lot I want is like winning a competition."

Despite complaints, Campus Safety is planning to keep this system throughout the duration of the academic year and ask for feedback at the end of the year. As the system stands now, all students are allowed to park in any student lot on campus during the weekdays and in any student or faculty lot from 6 p.m. on Friday evenings until 8 p.m. on Sunday evenings with the exception of the Admissions, Milbank and Babbitt lots on weekends.

Student Assembly Update

by Michael Koester '13
News Writer

Committee Reports

The technology committee has figured out a way to fix the Movie Channel (Channel 3), and it is currently up and running. The facilities committee reported that new bike racks and bike paths should be installed by the beginning of the next academic year. The committee is also looking for feedback regarding the new picnic area outside of the Pub (e-mail lzoltick@hamilton.edu).

Monday Night Football in Sadove Student Center

SA Treasurer Andrew Brodsky '11 explained the funding process for the assembly. Club leaders go through basic training provided by Student Assembly and the Student Activities office that provides leaders with guidelines for receiving money. Clubs submit their budget proposals to the finance committee to be reviewed and adjusted before they are presented to the Assembly for a vote. The amount of funding recommended by the finance committee is determined mainly by precedence. Newer clubs receive more money as they prove their responsibility.

Shrinking our open curriculum

Last spring, the spirit of Hamilton's much-lauded uncommon curriculum was compromised when the psychology department added a prerequisite, Statistics and Methods (Psych 201) for most of its courses. This new restriction has essentially blocked students from an entire department at Hamilton. Prior to this change, students were only required to take the Introduction to Psychology 101 course.

According to the department, the reason for the change is twofold. First, professors teaching upper-level courses were often faced with situations in which half the students in a class had taken statistics, and half had not. The new prerequisite eliminates the problem of having to decide which group to address. The second reason for the change is to create a hierarchical curriculum, building up from Introduction to Psychology to Statistics and Methods to lab courses to the Senior Project.

Though these changes may make sense for the internal functioning of the department, the effects on students in general has been overwhelmingly negative. While psychology majors are required to pass Statistics and Methods at some point, non-concentrators often do not have the time nor the desire to take a difficult quantitative course and do not have the option of substituting a statistics course from another department. Now there is a possibility that many freshmen will be deterred from even considering a psychology major because they have to commit to passing a rigorous quantitative course before being allowed to explore more topic-centered psychology courses. Upperclassmen who have already taken Psychology 101 with the intention of dabbling in more courses do not have the time to take Statistics and Methods and have now lost an opportunity to take courses outside their concentration.

The psychology department has attempted to provide options for non-majors. This spring it will offer topically-oriented courses, some of which are designed specifically for non-majors, and none of which have the Statistics and Methods prerequisite. Thus, there will be four 40-person classes (160 seats) in the spring open to students who have had only Introduction to Psychology. However, this does not compare to the range of courses previously open to non-majors prior to the Statistics and Methods prerequisite, which included virtually all 200-level courses. If the psychology department considers an understanding of statistics essential to higher level courses, it should consider incorporating a basic foundation in statistics and research into the Introduction course and eliminate the separate course prerequisite.

It may be time for the College to consider the department's repeated requests for a new tenure-track position. An additional faculty member could allow the department to offer more courses directed toward non-majors or help prevent students, majors and non-majors alike, from being shut out of classes.

Ultimately, it bodes well for the psychology department that students are generally upset and frustrated by this limitation; they want to take more psychology courses and explore outside their concentrations. The students and faculty need to find a way to make this happen.

THE SPECTATOR

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The Spectator **is a publication of the Hamilton College Media Board. A volunteer staff of students handles all aspects of the weekly publication. The purpose of the newspaper is to provide the Hamilton Community with an honest, fair, timely and high-quality publication.**

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The Spectator's Letter-to-the-Editor section is designed to be a forum for the entire Hamilton community to discuss and debate campus, local, national and global issues. Pieces published in the section express the opinion of the individual writers and are not necessarily the opinions of *The Spectator*, its editors or the Media Board.

Letters to the Editor are welcome from all students, alumni/ae, faculty, friends of the college and Hamilton community members.

Nevertheless, *The Spectator* has the following policies for submission:

1. Submissions are due by 10:00 p.m. on the Monday before publication. The editors reserve the right to refuse any late submissions.
2. Letters should be no longer than 500 words. The editors reserve the right to cut off letters at 500 words.
3. Letters submitted anonymously will not be printed.
4. The Spectator reserves the right not to publish any letter it deems inappropriate for publication.
5. If a piece is determined to be libelous, an unwarranted invasion of privacy, or an unnecessary and/or unwarranted ad hominem or personal attack, it will not be published.

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Please Recycle Your Copy of The Spectator

Hamilton's new website: *Flawed, but fixable*

by Jeff Escalante '11
Opinion Contributor

Last week, Hamilton released an updated version of its website, unbeknownst to students. The change occurred on the morning of Monday, September 13th, and has been subject to a number of critical reviews from students and faculty alike.

Although the website was changed without any type of notification or warning to students, about two days later, a blue bar appeared at the top of the site, which has since disappeared, containing information about the redesign and a feedback form.

This page cited that the website had been redesigned "to reflect contemporary best practices in web design, while at the same time preserving elements of our past design that continued to be effective."

Although "contemporary best practices in web design" are cited, many of the site's new features are severely lacking.

Among the most noticeable alterations were menu structure, a new "widescreen" aspect and fonts and colors.

The menu reorganization shows more options, offering a complex hierarchy and making use of an "outcomes" section, probably geared towards parents and prospective students, to show the more career-oriented side of our small liberal arts school.

The top navigation bar menus have been mostly recovered; however, complaints are still ringing out across campus about the buff-colored navigation bars on the left side, and the page titles. This very light color is hard to read, which makes navigating and identifying pages more difficult than necessary. The most important aspect of readability is high contrast (black against white is the highest possible). The buff color used in headlines barely passes the color contrast test (which measures contrast for readability) at 555 contrast, when the minimum is 550. In contrast – no pun intended– the headlines below the top or main heading are usually in blue, a much bolder color with high contrast against white, drawing the viewer's focus down to subheadings rather than to the main heading.

The most noticeable developments are the expansion of the site to fill the entire screen and the use of large picture slideshows. Although an interesting concept, the widescreen idea turned out to do nothing more than add strange faded edges to every picture and blank black space to either side of the screen, while the actual website content is still bounded within a set box. This addition takes away from the site's aesthetic effect.

The picture slideshows were hastily put together and often change size from page to page, eliminating the consistency of Hamilton's former website. The background to the slideshow area changes color from page to page with no perceivable pattern and sometimes disappears entirely, only to be replaced with a blue bar containing the page title.

The fonts and colors of the website were also revised. The font is more readable and generally supported. However, this change in font made the 'My Hamilton' page nearly unreadable because of the increase in text size, screen real estate and lack of noticeable module separation.

There are a bunch of other smaller mistakes peppering the website as well. The search bar is misplaced on the homepage, the email and RSS buttons look like they were made in the 1960s, and the text fade on the homepage is improperly balanced. However, hopefully these will be fixed even though the one-week "adjustment period" has already ended.

Hamilton also released a new content management system called SiteManager3.0, which allows students and faculty members with webpage access to customize, revise and update their own pages. This release was highly anticipated, as all access to editing pages on the former Hamilton website had been cut off while the new page was being developed, and nobody had been able to make updates for months beforehand. I attended a session of the new SiteManager training myself, and noted that, although there were a very large number of bugs and flaws, it was doubtlessly a significant improvement over the previous SiteManager.

Unfortunately, not everyone likes the new SiteManager. Although they have now restored the main college news feed, many departments are still experiencing problems updating. Media uploads are not functional, video embedding is flawed to the point that it is not useable and other bugs are constantly surfacing. Many organizations are frustrated that they cannot control their own sites, and constantly need tech support to manage their sites. Many did not have any knowledge of the new website or SiteManager, as neither was properly publicized.

Overall, through a flawed and poorly managed release, the website contains a lot of hope for improvement. Hopefully, over the next few weeks, the bugs and problems will be fixed, improvements will be made and Hamilton's face will once again be properly represented online.

Bring back the golden bicycles

An evaluation of the underlying problem of the Gilded Bike Program

by Lauren Magaziner '12
Opinion Writer

The Gilded Bike Program was terminated silently and underhandedly. The bikes have vanished without any formal announcement explaining their mysterious disappearance.

Supposedly, the program was eliminated because of student accidents on one particular weekend, but this radical solution completely negates the real issue at hand: drunk riding. Ultimately, the bikes are not at fault; the responsibility rests in the rider. Removing these bikes does not remove the potential for other alcohol-related accidents on the Hill. The true root of the problem and threat to students' safety is dimwitted; Drunken decisions, something that cannot be solved with the termination of the Gilded Bike Program.

Bike crashes happen all the time on campus, both sober and drunk and using both new and old bikes. Following the logic of the administration, since bikes are dangerous, then they should be removed. After all, I don't see any difference between banning the golden bikes and banning bikes in general. Both affect the potential safety of students. However, the eradication of all bikes on campus is a preposterous idea. (After that, we can prohibit skateboards, pogs, Pokémon cards and Silly Bandz too… just like elementary school.)

Instead of banning the gilded bikes, why not invest more money into the program? The program is, after all, a good idea. I know students who have "borrowed" other students' bikes without asking (also known as theft) when they are running late to classes, and the Gilded Bike Program helps to prevent this thievery. It also gives non-bike owners an opportunity to travel places faster. And nothing feels better than auspiciously finding a gilded bike waiting for you outside.

Admittedly, the current bikes are rundown (though, if treated with care, they work wonderfully). If the problem truly is that the bikes are decrepit, then administration or student assembly could put aside money to improve this program.

If the accidents posed by drunk riding are a serious liability issue, then I implore the administration to get to the true root of the problem—the drinking culture at Hamilton—rather than use the gilded bikes as a poor scapegoat.

UWADMNWEB.UWYO.EDU

Thumbs Up	Thumbs Down	Who Cares?
Alum donates a million dollar scholarship: Because what we REALLY need is one more kid from "just outside Boston." Glad to know diversity is still a priority.	Beinecke table dwellers: I'm not stopping by your damn table. I spent all my money on tuition and smoothies.	Student Assembly minutes: No fist fights? Sack those reps. I didn't vote for pansies.
Silent Di5co: Thank for you giving me a reason to bust out the multi-colored flashing lights.	Senior Gift ideas: A FUND? REALLY? ANOTHER FRIGGIN' FUND?	Hamilton Republicans, all ten of them, that is.
Chi Psi bros on the farmhouse porch: Like a prepster version of King of the Hill, with more Smirnoff Ice.	One Heart With Africa football picks: Is that when you go over there and offer all the big ones contracts?	NESCAC power rankings: Damn, we suck.
Heat: You made a Gamma party popular for half an hour... what next, stopping global warming?	Freshmen ruining golden bikes: I thought you idiots were smarter than the rest of us. Way to ruin it for everyone.	Movie Channel comes back.
		Halo Reach AND Human vs. Zombies: WalMart reports increased lotion and Kleenex sales.

by Greg Jordan '11 and Lesley Ryder '11

Disclaimer: The opinions expressed in this column are purely of a satirical nature, and are not representative of the views of *The Spectator* editorial board.

Need-blind policy has yet to change inherent class bias

by Patrick Landers '12
Opinion Writer

Last year many generous donations from trustees helped Hamilton to implement need-blind admissions for domestic applicants, making Hamilton one of less than 50 schools in the country to do so.

President Stewart and Dean Inzer of Admission and Financial Aid, both first-generation college students like 15 percent of the Class of 2014, have spurred efforts to help first-generation students with traditionally marginalized backgrounds enter and excel at Hamilton. While elite higher education as a whole has been trending toward greater diversity, the backgrounds and beliefs of many Hamilton staff and faculty members have added special impetus to Hamilton's commitment to opportunity.

Dean Inzer notes, "This is not just something we're doing because it's our jobs. We care about this. About access. That's what this is all about. Making sure Hamilton is affordable and accessible to the most deserving students regardless of their financial background."

In the same 10 years that saw the diversity of Hamilton's entering class nearly double to 22.2 percent, the financial aid budget ballooned from $14 million to $25 million dollars. While the increasing racial and ethnic diversity on campus and the resulting "growing pains" have challenged the campus, as well as attracted attention, the rising level of socioeconomic diversity can still be improved. Due to the infancy of the need-blind program, it remains to be seen if this will significantly change the socioeconomic profile of Hamilton.

According to an admissions brochure, almost all students whose families make less than $150,000 in adjusted gross income (AGI) and untaxed income receive Hamilton scholarship money, which does not have to be repaid. Nearly 90 percent of American families have an AGI below $150,000. This statistic reveals that if Hamilton's demographics were to mirror those of the country, nearly 95 percent of students would be eligible to recieve government or campus financial aid under the guidelines Hamilton currently follows. This compares unfavorably to the 48 percent that currently receive federal or Hamilton aid.

Take these figures to a logical conclusion, and one can clearly see that, if elite higher education institutions accurately represented the socioeconomic distribution of the country, the number of students recieving aid would be higher.

Implicitly, elite schools like Hamilton serve as gateways to future success that favor the country's already advantaged rich and predominantly better-educated and often white population. This seems to deny equal opportunities to the nation's poor, working and middle classes who also happen to be more likely to be ethnic and racial minorities. This is due to generally lower test scores and inadequate college preparation, which is, of course, out of Hamilton's control. The question then becomes how to fix the pre-college educational system to better prepare all students for an education like that of Hamilton.

Already, Hamilton serves as a leader among its peers by bucking the recession-induced trend of reducing equal access. Elite educational institutions, after years of significant effort, seem unable to come close to being truly socioeconomically representative of the entire country, assuming everyone has the potential to meet these kinds of academic standards.

Most Hamilton applicants come from similar financial backrounds. This condition is unlikely to change as long as America's education system is in shambles. Education reform is not the silver-bullet to equal opportunity and social mobility, but it is a necessary aspect of any solution. Socially conscious institutions like Hamilton can't completely compensate for the education inequities of the previous 12 plus years.

The standards by which Hamilton evaluates candidates for admission already suffer from a class bias that Hamilton itself cannot control. The barriers to equal opportunity in this country are mainly based on class lines. Those students not in the top tier of the social ladder undoubtedly suffer from this.

Hamilton students – taught "to learn from each other" and think critically – need to become more aware and actively involved with solving the many problems facing this country, including inequalities in education and opportunity.

Letter to the editor

Re: Condoleezza Rice as the Sacerdote Great Names Speaker

I was extremely disappointed to see the recent news of Condoleezza Rice's impending visit to Hamilton – especially under the banner of a "Great Names" speaker. The biography included with the article on Hamilton's website seems to have left out a few key details, especially those concerning Ms. Rice's 'accomplishments' in the field of national security:

In her time as Secretary of State, Ms. Rice's assertions that there were weapons of mass destruction in Iraq played a role in justifying the United States' illegal occupation, an endeavor that has cost trillions of dollars and led to the deaths of thousand of Americans and hundreds of thousands of Iraqis. Ms. Rice's choices as Secretary of State have arguably left the Iraqi people with no better a quality of life than before the invasion.

Furthermore, Ms. Rice was among those who authorized torture, such as waterboarding, of prisoners under the Bush administration, a violation of the Geneva Conventions and of those prisoners' human rights. At a recent informal interview in California, Ms. Rice excused her actions, explaining that since the president had authorized such atrocities they could not be considered torture.

Given the two recent campus-wide emails on incidents of sexual assault on campus, perhaps a speaker who could give the community some insight on how to prevent violence would have been more appropriate.

The choice of Ms. Rice certainly does not encourage any Hamilton pride in me or in any of the other recent grads I've spoken with. I urge students on campus to demand accountability from Condoleezza in the form of tough questions and other creative ways of speaking truth to power.

Sincerely,
Amy Tannenbaum '10

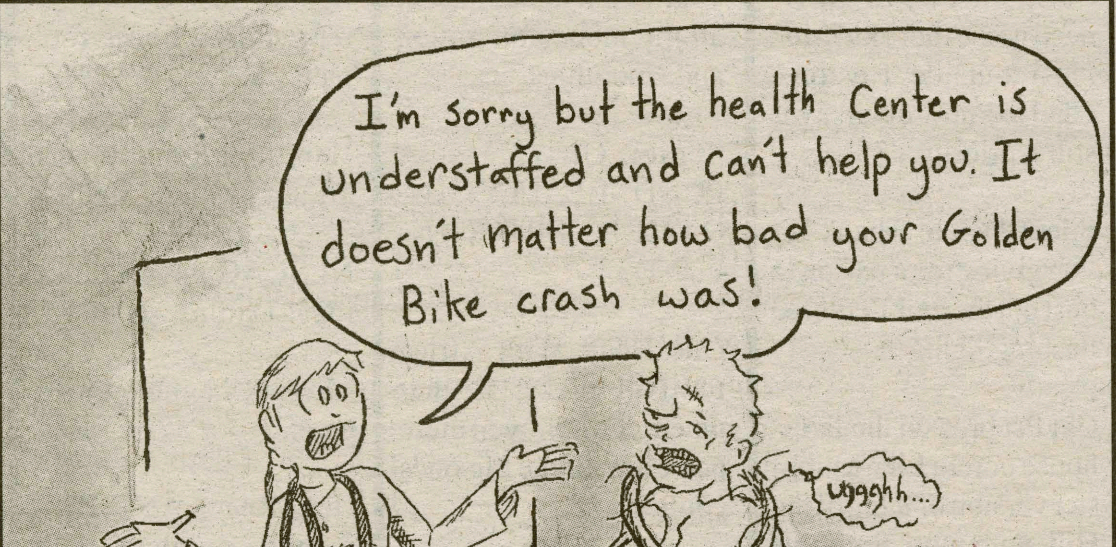
Have an opinion?

Write for the Opinion section!

email kmacartn and rlieb

OR

come to our writers' meeting at 5pm on Sunday on the 1st floor of the Sadove Student Center (ELS)



by James Grebey '12
Staff Cartoonist

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Bachelor & Bachelorette of the Week

Tom James '11

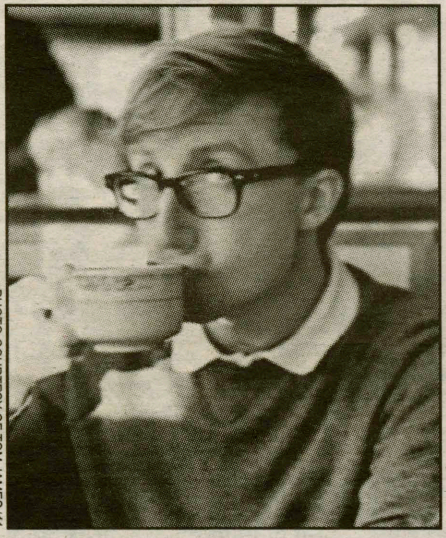


PHOTO COURTESY OF TOM JAMES '11

Hometown: *Briarcliff Manor, New York.*
Major: *History.*
Turn On? *Werthers Original Butterscotch Candies.*
Turn Off? *The Life Aquatic, your Sociology paper.*
What is your worst habit? *I used to write the Daily Bull.*
If you were a dorm which would you be and why? *Rogers Estate, because it's a f*cking mansion, FOOL!*
If you had to describe yourself as the love child of any two celebrities which would you pick and why?
If you were God, what would be the first thing you'd do to the world? *I would appear to Travis Mockler as a burning bush in front of KJ.*
If you had to create a new points system what would be the #1 offense? *Listening to 'Wagon Wheel' punishable by death.*
What advertising slogan best describes your life? *"It's Toasted!"*
What movie genre best describes you? *Does Jason Statham count as a genre?*
What's the best pick-up line you've ever used/had used on you? *"Pants off, James."*
If you could have any super power what would it be and why? *To eat, pray and love all at the same time.*
What is your hidden talent? *I'll bake you a peach cobbler, AND do the dishes too.*
What is your spirit animal and why? *Jason Statham IS an animal.*
If you were a cold cut, which would you be and why? *John Hamm.*
If you were any social space what would it be and why? *The Hub.*
If you could join one group on campus what would it be and why? *I've applied to* The Continental *four times, and I'll apply a dozen more.*
If you could get rid of one group on campus what would it be and why? *Well I haven't been getting any Knit Happens e-mails recently...*
What would you say is your most attractive quality? *Flame-retardant.*
If you could trade jobs with anyone at Hamilton for a day who would it be? *Judy at McEwen, so I could just sit back and look pretty.*
If you could break one rule at Hamilton and get away with it which would you choose? *Gin buckets are dropped to open container violations.*
What would you give a thumbs up? *Nadine Mockler.*
What would you give a thumbs down? *I'm not naming any names but Dan Bunger.*
Who would you say is your campus crush? *Jed Davis has the prettiest eyes.*
Who would you say is your faculty crush? *John Bartle.*
What is the weirdest thing currently in your room? *An inflatable porpoise named 'Fudgie'.*

Galia Slayen '13

PHOTO COURTESY OF GALIA SLAYEN '13

Hometown: *Portland, Oregon.*
Major: *World Politics and Chinese.*
Turn On? *Chest Hair.*
Turn Off? *Feet.*
What is your worst habit? *Being overly enthusiastic!*
If you were a dorm which would you be and why? *South, because it's all business on the outside and a party on the inside.*
If you had to describe yourself as the love child of any two celebrities which would you pick and why? *Fergie and Lady Gaga, they are the messiah and songbird of our generation.*
If you were God, what would be the first thing you'd do to the world? *Have avocados in Commons.*
If you had to create a new points system what would be the #1 offense? *Calling ELS the Sadove Student Center.*
What advertising slogan best describes your life? *"Life Rocks and So Do I" (Credit: Samantha Stoner)*
What movie genre best describes you? *Cult.*
What's the best pick-up line you've ever used/had used on you? *"Is your dad a terrorist? 'Cause you da bomb." -7th grade dance*
If you could have any super power what would it be and why? *Turning everything I touch into Skittles.*
What is your hidden talent? *I speak Hebrew fluently.*
If you were any social space what would it be and why? *Bundy... it's always a party!!*
If you were a cold cut, which would you be and why? *What is a cold cut?*
If you could join one group on campus what would it be and why? *"I'd never want to join any club that would have someone like me for a member"-Annie Hall.*
If you could get rid of one group on campus what would it be and why? *This is a trap.*
What is your spirit animal and why? *A lion, I'm a Leo-cusp and a very aggressive mate.*
What would you say is your most attractive quality? *I'm not afraid to be the big spoon.*
If you could break one rule at Hamilton and get away with it which would you choose? *Late night Commons, every weekend, all are welcome!*
If you could trade jobs with anyone at Hamilton for a day what would it be? *Angel from the Diner.*
What would you give a thumbs up? *Golf pros and female tennis players who have a high level of respect for themselves.*
What would you give a thumbs down? *Andrew Steele graduating.*
Who would you say is your campus crush? *Hal Lee.*
Who would you say is your faculty crush? *Dean Urgo and his scooter.*
What is the weirdest thing currently in your room? *My costume drawer - I surprise myself with the things I find.*

Lauren Zoltick '11 Screens Documentary

Chayal focuses on soldiers' experiences in the Israeli Defense Force

by Katie Chee '14
Features Contributor

Imagine, at the age of 17, instead of receiving letters in the mail from colleges, opening a letter from the government. The form is the beginning of a process that places every 18 year old, across the country, into a branch of the military. Every girl is required to serve two years; every boy, three. Parents, older siblings, cousins and friends have all served, and some may have died. In Israel, this is the way of life. The Israeli Defense Force, the Israeli army, fights to protect the country and every citizen is required to make his or her own contribution.

Lauren Zoltick '11, who is double majoring in psychology and media arts at Hamilton, created a documentary, *Chayal*, about the Israeli army. It premiered Sunday, Sept.19, in the Kirner-Johnson Auditorium.

On winter break of her sophomore year, Lauren, along with six other Hamilton students, traveled to Israel through Birthright, a program that brings Jewish Americans to Israel for free. They were able to visit Israel accompanied by seven Israeli soldiers. Lauren found herself intrigued by this experience and decided she wanted to create a documentary.

"We really wanted to go back and see more of [the soldiers]," she said. "Plus, I had a really strong interest in film and so I went back with the idea of staying with them, interviewing them and then bringing them back to Hamilton, so people could see what they are really like."

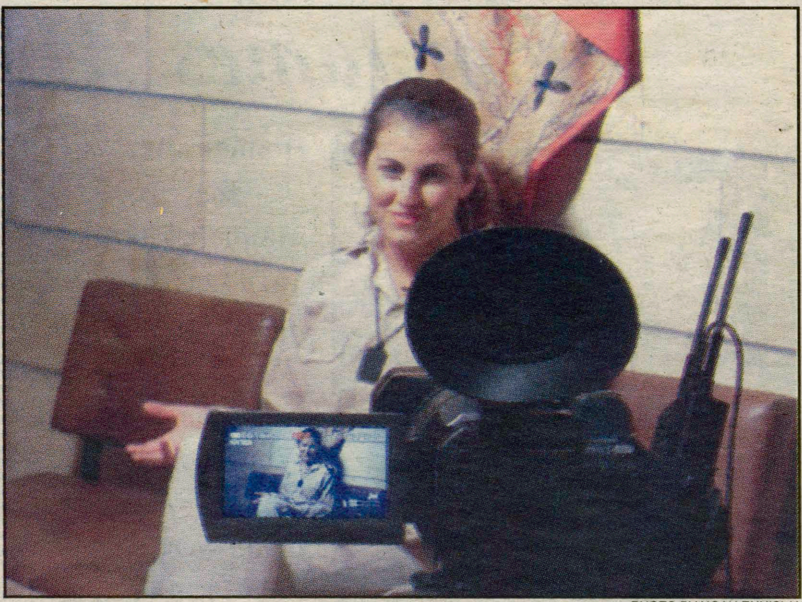


PHOTO BY NOAH ENNIS '11

Documentary creator Lauren Zoltick films Keren Hochstadt.

When Lauren returned she began searching for a way to get money to create this documentary. The Kirkland Endowment, which was created when Kirkland and Hamilton College merged, has a committee which, according to the Hamilton website, "disburses funds from the unrestricted endowment of Kirkland College, in the needs and interests of women at Hamilton College." Lauren received a grant from this endowment that gave her enough money to travel to Israel with two of her friends, Travis Rosenblatt '11 and Noah Ennis '11, to begin the documentary.

In the spring Lauren not only interviewed five of these soldiers, but she also lived and formed friendships with them while filming. Since then, Lauren has been editing her film and named it *Chayal*, which means "soldier" in Hebrew.

Chayal shows clips of life in Israel and features interviews with five soldiers and their families about the Israeli Defense Force (IDF). Roi Kirshenboim, Keren Hochshtadt, Guy Fliess, Dror Lugasi and Sarit Zizov, along with the Zizov and Kirshenboim families, provide a look into the life of Israelis the same age as Hamilton students.

The men and women, all around the age of 20 or 21 at the time of filming, are candid about both their feelings about and experiences in the IDF. They grew up knowing about their future in the army and all admitted to being scared at one point.

PHOTO COURTESY OF LAUREN ZOLTIK '11

Roi Kirshenboim, who is the same age as many Hamilton students, discusses his experiences in the Israeli Anti-Air Force.

David Kirshenboim, Roi's father, said that serving in the IDF was "fun for me but I was afraid for [Roi's] life." Mary Zizov, Sarit's mother, explained that she was also afraid for her daughter, "like all mothers in the world," but explained, "I feel secure in this country because of the army."

Israelis enter the army fresh out of high school, still children, and emerge as different people after two to three years of service. Whether they worked in an office or faced death everyday in the Gaza strip, they exit with a sense of self-confidence. However different life may seem in Israel, the documentary shows scenes that could be of any American teenager. The scene depicting a group sitting on the porch with beers joking and talking over one another or the one showing Guy Fliess' infectious smile when discussing how relationships in the army are prohibited although "they know we are teenagers," could be scenes from any person's life. Before the question and answer session with Lauren and two of the soldiers from the film, Dror and Guy, the film ended with pictures of the Israelis singing with a guitar and one of the female soldiers dancing wearing a Hamilton t-shirt.

"It has nothing to do with war and politics, they are just people," Lauren said. "I think it's important to remember that just as the American government does not define us, the Israeli government does not define them. They are just 21 year olds, college students, just like we are. And they go through the army, but they have to for their country to be safe."

PHOTO COURTESY OF LAUREN ZOLTIK '11

A film still from the documentary shows a soldier's uniform boots.

FROM WHERE I SIT
HAMILTON'S INTERNATIONAL PERSPECTIVES

by Won Seog Chung '14
Features Contributor

I live in Wertimer where most people are in the REAL program, a housing option for students to live together and take one of four classes together in Wertimer. For those of you who are not familiar with the location of Wertimer House, it is located down the hill, close to the Bristol Center, Skenandoa House and the Wally J House— far from everything else on campus.

Because it's also down the Hill, it is more painful to try to go somewhere. In my case, I have three classes in KJ at 9 a.m., which means every day I have to get up early to be on time for my classes. It is always difficult for me to walk up the Hill, half-conscious, to KJ, which is almost at the opposite end of the campus.

Whenever I want to work out in the gym, I have to walk all the way up the Hill. When I get there, I am already tired and want to go back to my dorm and take a nap. What a horrible location! My roommate once even said that we should get a gym course credit just for living in Wertimer and I totally agree with him.

But if we look on the bright side of life, Wertimer House is actually very close to two places: a parking lot and the graveyard. Obviously, both are not very useful places. We are all first-year students, which means we are not allowed to have a car on campus, which makes the parking lot next to us very useless. And the graveyard!!! Having the college cemetery right next to us is actually also not so great since we will be the first to get attacked when the zombie apocalypse starts (the real one I mean, not Humans vs. Zombies).

Do I have to elaborate on what living next to a graveyard means? Well, first year students are still alive and well and we are not ready nor do we need a place to rest in peace...yet! I admit sometimes I feel like I might need one pretty soon if I cannot find a way to cope with all the reading assignments. Maybe the great minds of the Hamilton men who have passed away will enlighten me while I sleep!

Still, I am sure that I made the right choice to live here. It is always quiet and peaceful in Wertimer House, which makes me feel at home whenever I return from classes or from parties. To live in a substance-free dorm without parties, at first seemed a little inconvenient because I have to go up the Hill to go to parties. But I think it is pretty nice to have somewhere to rest where there is no loud music.

I will not mention the nice people here since it will seriously lengthen my article, and I do not think I have the ability to portray them as nicely as they really are. I will say that people I met here, from my roommate to people living in the basement, are all making my life happier than I thought they would. I really appreciate that.

Above all, I should mention that my roommate and I have the biggest room in Wertimer, which will make my life awesome for my first year at Hamilton.

From Where I Sit ***is a column dedicated to the international voices of Hamilton's campus. If you are an international student and are interested in contributing a column, contact Barbara Britt-Hysell (bbritthy@hamilton.edu)***

Trustee Corner: Nancy Seeley

by Nick Stagliano '11
Senior Staff Writer

"The reason I'm on the board is different from the reasons other people are on the board," Nancy Ferguson Seeley said when we began our conversation. "Eleven members of my family went to Hamilton. It has been a part of my life for my whole life, and I feel a very loyal connection."

Seeley graduated from Stanford University in 1950 and remained in California until, she said, her husband-to-be "came out to find me" after the Korean War, at which point they moved to Ohio for the next 37 years. When her husband retired, they decided to do something they'd always talked about: move onto a boat.

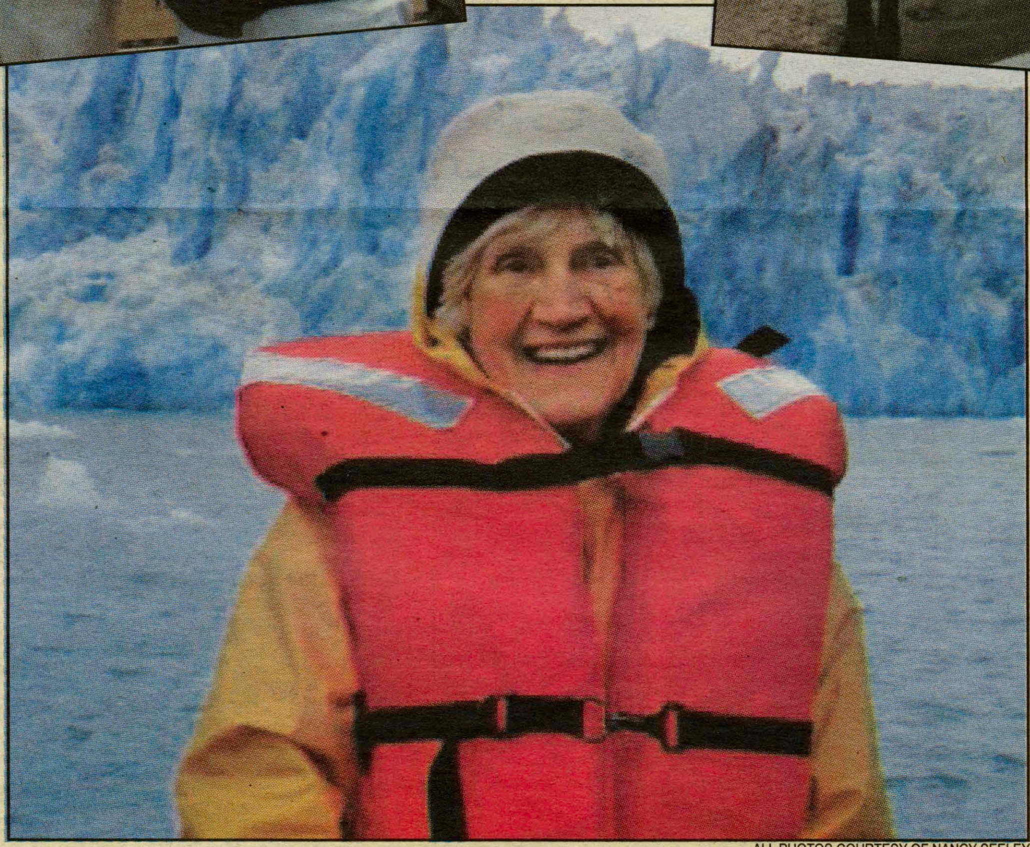
"We thought we'd try it for two years," Seeley said. "After two years, we never looked back."

At some point during their 15 years on a Grand Banks '42 trawler, Seeley received a call asking if she'd like to join the Board of Trustees. Her father, Leonard Ferguson '19, served on the board for many years, as did her brother, Dan Ferguson '48. When Dan Ferguson stepped down, the College asked him if there might be another member of the family who could represent the Fergusons on the board. He recommended his sister, who joined the board in 1992 and is now a life trustee.

After her husband died in 1998, Seeley moved off the trawler and now spends six months of the year in Naples, FL and the other half of the year at a cottage on the St. Lawrence River that her grandfather, a Presbyterian minister, built in Hammond, NY.

Seeley also spends her time traveling extensively with her sister-in-law. She has visited 92 countries, including 13 countries during a five-week-long tour of western Africa earlier this year. Of her travel, Seeley said, "It's mostly what they call 'adventure trips,' where you go where you're certainly not living in luxury. It really makes you appreciate what you have."

On the most recent trip to Africa, Seeley was in the company of Donald Johanson, the famous paleoanthropologist who discovered the 3.2-million-year-old "Lucy" in Ethiopia 1974. Johanson was one of the lecturers who accompanied the group with whom Seeley was traveling.



ALL PHOTOS COURTESY OF NANCY SEELEY

When she was in Antarctica in November to see emperor penguins, Seeley recalled being surrounded by nothing but ice for as far as she could see; six months later, in Tanzania, there was nothing but green flatland for miles around her. "That all of this is on the same planet is just unbelievable to me," Seeley said.

When she's not in Africa, the Middle East, South America or Antarctica, Seeley said she spends a lot of time watching the boats go by on the St. Lawrence River, and reflects on how fortunate she has been to live on a trawler and travel so much. "And when it's windy and cold and rainy, I say 'Thank God I'm not out there.'"

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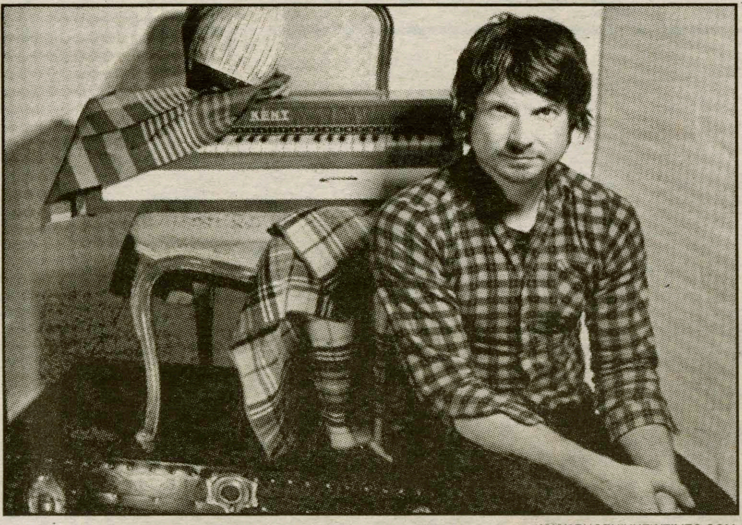
Sea Wolf, Cahoone and Park to play Thursday



WWW.PHOENIXNEWTIMES.COM

Sea Wolf headlines the second Acoustic Coffeehouse.

by Taylor Coe '13
Arts & Entertainment editor

September 23, the Fillius Events Barn will see the much-anticipated coffeehouse concert featuring the traveling acoustic troupe of headliner Sea Wolf along with fellow singer-songwriters Sera Cahoone and Patrick Park. This small collective has performed and traveled together only since the second week of the month, but so far has managed to cover the entire country, from San Diego to Boston.

Sea Wolf is actually the stage name of Los Angeles-area singer-songwriter Alex Church. Since assuming his moniker in 2003 (taken from Jack London's 1904 novel *The Sea-Wolf*), Church has released three studio albums and played with a rotating group of performers. Church's music strikes a balance between carefully orchestrated folk and indie rock. His latest record, *White Water, White Bloom*, excellently displays this balance, with a folk-tinged rock number like "The Traitor" sitting alongside the acoustic guitar driven "Winter's Heir." The key to Church's writing and recording lies in this powerful sense of balance. None of the songs off *White Water* get away from him; each song is precise and powerful.

This show will feature solo acoustic sets from all three acts. The more ornate music heard on Sea Wolf's studio tracks will be stripped down to just Church's voice and guitar. Cahoone and Park, on the other hand, have tended to record in a vein similar to their solo performances. Cahoone's history as a performer, however, does not begin in a singer-songwriter setting. Formerly a drummer, Cahoone first performed at the age of twelve in the rhythm section of a Denver bar blues band. All the while honing her songwriting skills, Cahoone moved to L.A. and continued drumming until she worked her way into Band of Horses, playing on their first album *Everything All the Time*. Since signing onto Sub Pop Records, Cahoone has released two albums with heavy folk-country influence. Mining the same territory as singer-songwriter Aimee Mann, Cahoone effortlessly draws the listener into her calm, brooding world.

Patrick Park, currently based in the L.A. area, plays a nice male counterpoint to Cahoone. Offering an impressive folk-country style, Park is the ideal coffeehouse artist. While known for his powerful solo shows, Park has also been discovered by many fans through his numerous television spots. His song "Something Pretty" was featured in *The O.C.* and a quick YouTube search reveals more than a few *O.C.*-dedication videos featuring Park's song.

Park, however, will not be alone tonight in terms of contribution to the Hollywood apparatus; even more famously, Sea Wolf contributed a song, "The Violet Hour," to the *New Moon* soundtrack in 2009. Similarly to Park, the placement allowed Church a whole new level of exposure to millions of viewers and potential fans. Seeing both Church and Park, as well as Cahoone, live in the Events Barn, however, should more than accomplish the trick of reeling in a new group of fans.

Thursday's Acoustic Coffeehouse will be in

The Fillius Events Barn

8 p.m. - 11 p.m.

Free Opus

WWW.BOSTON.COM

Patrick Park will open Thursday's coffeehouse at 8 p.m.

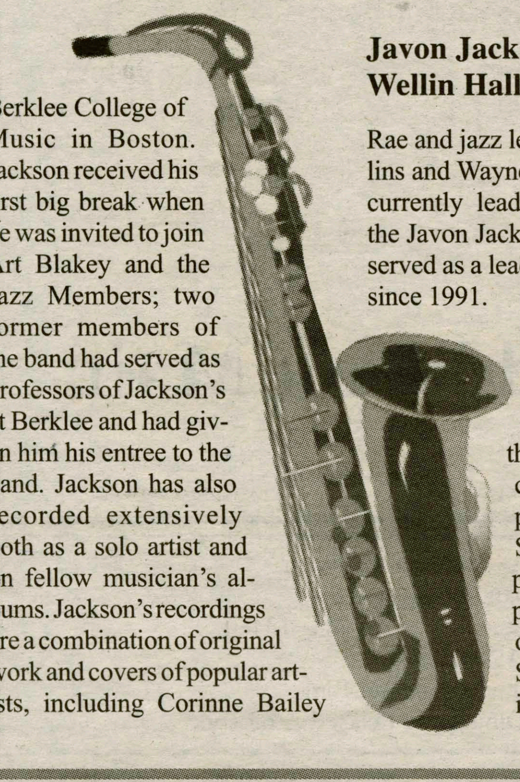
Javon Jackson to bring smooth jazz to campus

by Lily Gillespie '12
Arts & Entertainment editor

Any jazz enthusiast should be eagerly anticipating the arrival of Javon Jackson Jazz this Friday as the opening act in the Contemporary Voices and Visions Series. Jackson, a saxophonist, has had a lengthy career in jazz, debuting professionally at the young age of 16 in Colorado, where he was raised. He is classically trained, having studied under several jazz masters at the renowned Berklee College of Music in Boston. Jackson received his first big break when he was invited to join Art Blakey and the Jazz Members; two former members of the band had served as professors of Jackson's at Berklee and had given him his entree to the band. Jackson has also recorded extensively both as a solo artist and on fellow musician's albums. Jackson's recordings are a combination of original work and covers of popular artists, including Corinne Bailey Rae and jazz legends Sonny Rollins and Wayne Shorter. Jackson currently leads his own group, the Javon Jackon Group, and has served as a leader in other groups since 1991.

WWW.WASHINGTONDCJAZZNETWORK.NING.COM

Javon Jackson, who will perform Friday at 8 p.m. in Wellin Hall with his band the Javon Jackson Group.



It comes as no surprise that Jackson became a saxophonist in light of the musicians he has cited as influences, particularly Sonny Stitt, a fellow saxophonist who once played with the likes of Dizzy Gillespie. Stitt had his roots in swing and bop bands; for non-aficionados, bop, or bebop has a fast tempo and is often improvised on the spot. Javon Jackson's music has a similar hard bop sound. Deardra Schuler, of AfroCentricNews.com, remarked that in a recent concert, "His eclectic blend of R&B, jazz, bits of soft rock and funk caused stiffs to limber and I even saw some robots bopping their heads."

The Contemporary Voices and Visions Series brings renowned individuals or groups to Hamilton not only to perform, but also to give students the opportunity to engage in the arts through workshops and classes with the visiting performers.

Weekly Charts

MUSIC

(billboard.com)

Top Songs

1. Katy Perry—"Teenage Dream"
2. Eminem feat. Rihanna—"Love the Way You Lie"
3. Bruno Mars—"Just the Way You Are"
4. Taio Cruz—"Dynamite"
5. Enrique Iglesias feat. Pitbull—"I Like It"

Top Albums

1. Sara Bareilles—*Kaleidoscope Heart*
2. Eminem—*Recovery*
3. Various Artists—*NOW 35*
4. Katy Perry—*Teenage Dream*
5. Disturbed—*Asylum*

MOVIES

(imdb.com)

1. *The Town*
2. *Easy A*
3. *Devil*
4. *Resident Evil: Afterlife*
5. *Alpha and Omega*

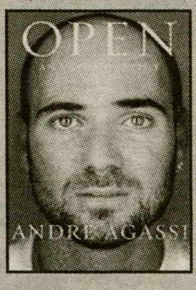
BOOKS

(New York Times "Best Sellers")

Paperback Fiction

1. *The Girl With the Dragon Tattoo,* by Stieg Larsson
2. *The Girl Who Played With Fire,* by Stieg Larsson
3. *Little Bee,* by Chris Cleave
4. *Half Broke Horses,* by Jeannette Walls
5. *Cutting for Stone,* by Abraham Verghese

Paperback Non-Fiction



1. *Eat, Pray, Love,* by Elizabeth Gilbert
2. *Three Cups of Tea,* by Greg Mortensen and David Oliver Relin
3. *The Glass Castle,* by Jeannette Walls
4. *Open,* by Andre Agassi
5. *Where Men Win Glory,* by Jon Krakauer

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First F.I.L.M. showing draws a crowd

by Michelle Berninger '11
Arts & Ent. Contributor

Piano, cello, violin, clarinet and flute rang out under the screen as the audience laughed and Buster Keaton sprang into action to prove himself and win the girl. Last Sunday's screening of Keaton's 1928 comedy, *The Cameraman*, ushered in the beginning of this semester's F.I.L.M series. Students, faculty and members of the Clinton community filled the KJ Auditorium to capacity, proving that silent films can still draw a big crowd. As Sarah Gamble '13 put it: "I enjoyed 'The Cameraman' immensely. I don't think I've laughed that much at a movie in a very long time. Having the live orchestra there added to the experience, and made the film much more enjoyable. I think it's brilliant that the F.I.L.M series makes events like this available. It's certainly unique, and I hope students and others are taking advantage of it."

The film was presented with live musical accompaniment from the Mont Alto Film Orchestra, a group from Denver, Colorado, that tours nationally to accompany silent films in the grand style of the cinema houses of the 1920s. This was the first event of two in a "Battle of the Orchestras." On Nov. 11 the Alloy Orchestra will return to Hamilton to accompany the newly restored "uncut" version of Fritz Lang's futuristic epic *Metropolis*. Be sure to arrive early if you want to catch this performance; the Alloy Orchestra always fills the KJ Auditorium to standing room only.

It would also be a shame for Hamilton's musicians to miss out on the presentation by the Leonard C. Ferguson Professor of Music Samuel Pellman and Miranda Raimondi '08. The presentation is on cinema and visual music that will include Walt Disney Studio's *Steamboat Willie* (staring Mickey Mouse) and Len Lye's *Kaleidoscope.*

History and Sociology concentrators may be interested in Ed Pincus's 1967 film *Black Natchez*: a documentary that captures the struggles within the African American community during civil rights efforts in Natchez, Mississippi .

Sociology majors would have the opportunity to see an intimate study of monogamy, marriage and the nuclear family in *Diaries*, another Pincus film. This film is a landmark in autobiographical documentary about a couple's choice to explore the option of an "open marriage."

Alexander Olch's film, *The Windmill Movie,* and Hitoshi Toyoda's 35mm photographic slideshow, *NAZUNA*, offer students interested in art, photography or filmmaking to see contemporary films that embrace the dying art of film in digital age. Both filmmakers will be in attendance and available to take questions after the screenings.

Spanning different genres, themes and aesthetics this weekend's screening of selected works from the acclaimed Flaherty Seminar offers something for everyone. The F.I.L.M series is a unique opportunity for Hamilton students to encounter film. Dave Goldberg '11 remarked that, "F.I.L.M. events are my weekly breaks from numbers and formulas as well as my healthy doses of art and culture. The frequency and, more importantly, accessibility of events such as these make Hamilton a truly special place."

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One of the original press posters for Buster Keaton's comedy *The Cameraman*, a silent film, which debuted in 1928 to rave reviews.

The F.I.L.M series takes place on Sunday afternoons at 2:00 in the KJ auditorium. All events are free and open to the public.

F.I.L.M. EVENTS

9/26: The Best of the Flaherty - selections of nonfiction cinema from the Flaherty Seminar

10/3: Sylvia de Swaan presents *Along the Tracks: Explorations in Central New York*

10/10: Visual Music: *Keep Looking Up: Samuel Pellman's & Miranda Raimondi's Selected Nebulae*

10/24: Ed Pincus's *Black Natchez* - a documentary examining the civil rights movement in the 1960s

Utica festival showcases new talent

by Nora Grenfell '12
Production Editor

Students biding their time between Acoustic Coffeehouses and electronica headliners could have found sonic refuge in an unlikely place last weekend: Utica. Beginning on Thursday, Sept. 16, the nearby city was the stage of the third annual Utica Music and Arts Festival (UMAF), a three-day event that aims to showcase unsigned musical talent, "revitalize Utica's historic appreciation of the musical arts" and invigorate the local economy.

Joe Sweet, one of the founders of the festival, has been a musician in the Utica area for more than 20 years. A combined "love of the area and music scene" inspired him, along with his partner and cousin Anthony Donaldson, to bring about the first Music and Arts Festival in 2008. Since then, the festival has grown to encompass more bands and more participation from local businesses. This year, Saranac Brewery was both an official sponsor of the festival and provided a venue, hosting the kick-off concert at the F.X. Matt Brewery Tour Center Courtyard.

"What worked this year compared to previous years was gaining the support of our locals. We really needed their support to take it to the next level. This year people were excited, and that's good for our area!" said Sweet.

UMAF relies heavily on social networking to find bands to play at the festival. The volume of bands promoting themselves through social networking websites is enormous, and UMAF trusts that these bands will jump at the chance to promote their music to the general public. Although UMAF auditions bands, Sweet and Donaldson have also reached out to and recruited some. "We like to book the 'Up and Coming' bands that we feel just need to be heard. Sometimes it just takes a few of our friends to hear them and they start telling their friends, and so on," said Sweet.

This year, the Festival featured 200 bands and performers at 18 different venues. "Next year we would like to get national acts to headline the fest. We want to put our hard working UMAF bands in front of more people and get them the exposure they need and help them reach their goals," said Sweet. Additionally, this year the "arts" portion of the festival only included an exhibit on Saturday. Next year, Sweet hopes to expand the "arts" to all three days of the festival, and showcase more local artists.

ALL PHOTOS BY CHARLOTTE GENDRON '12

Dave Senft, on the left, and Harris Paseltiner, both members of the indie band Darlingside, playing at the Utica Music and Art Festival

Unsigned bands came from across the Northeast to play at UMAF. One such group was Darlingside, hailing from the Northampton Area. At their Saturday night show at the Tramontane Café, they played several songs off their self-produced EP (titled *EP 1*) as well as covers of Bob Dylan and Muse (who they described as a "sister band…even though they don't know it"). As a sample of the talent that UMAF attracts, Darlingside proved that lack of a label by no means signifies a deficiency in musical chops.

The members of the self-described "string rock" quintet have diverse musical backgrounds that combine to create unique and intoxicating melodies. At times their sound is sweet and folky, but one can also hear the influence of classical training—all permeated by brave, self-assured drums. Their hour-long set went by without a hitch, and although their audience was small, they played with energy that could have withstood a grander stage.

Auyon Mukharji, also of Darlingside

Although Hamilton students may not consider Utica a mecca of independent bands, Sweet believes that the festival is an ideal retreat for college students. One alumni band, Chicago-based Filligar, took advantage of the Festival and attracted some members of the Hill to a Thursday night show.

"We would love to work with Hamilton College next year," said Sweet. "There is so much talent up there and we would love for some of it to pour onto our streets. I think it would be a perfect fit and a good way to improve on the arts side of [the festival]. Plus, students would get to see another side of Utica that they don't usually get to see. The people here are great! Music is a great common ground to building relationships."

Fireflies, sperm and the Millennium Bridge:

Dr. Steven Strogatz explains synchronization in nature and mathematical models of chaos

by Allison Eck '12
Managing Editor

The applause that welcomed Dr. Steven H. Strogatz Monday night in the Chapel was an appropriate prelude to the newest installment of the annual James S. Plant Lecture series. "You clapped raucously but incoherently," noted Strogatz. But with proper instruction, an audience can clap at a unified tempo that emerges out of incoherence.

Strogatz studies the ways in which systems forge order out of chaos; this process, called synchronization, applies to circadian rhythms, the motion of the solar system, politics and even such human practices as applause.

Synchronization may seem at odds with the principle of entropy, the idea that systems tend to become more disorganized over time. "How do you go uphill against entropy?" Strogatz asked. The answer is that entropy applies only to closed systems; an open system (one that continually interacts with its environment) can become more structured as time goes on. Our bodies – and animals' bodies – often exhibit this kind of behavior.

"Even sperm beat their tails in unison, like a kind of primitive synchronized swimmer," Strogatz said.

His lecture addressed the biological importance of synchronization. Fireflies in Southeast Asian countries like Thailand, Malaysia and New Guinea have been known to flash in sync, he said. This ability to abandon one's own internal clock in favor of a common one is governed by certain mathematical rules. There is no "maestro" firefly that dictates the frequency of flashes for all the others; rather, a large set of simultaneous differential equations predicts how fireflies sync with one another.

Strogatz explained that the fireflies are like athletes on a track trying to run at the same speed. How quickly they sync is dependent on what Strogatz calls "coupling strength" – how much the runners yield to their differences in pace; in other words, some must slow down while others must speed up. A critical point exists at which the runners spontaneously start to synchronize.

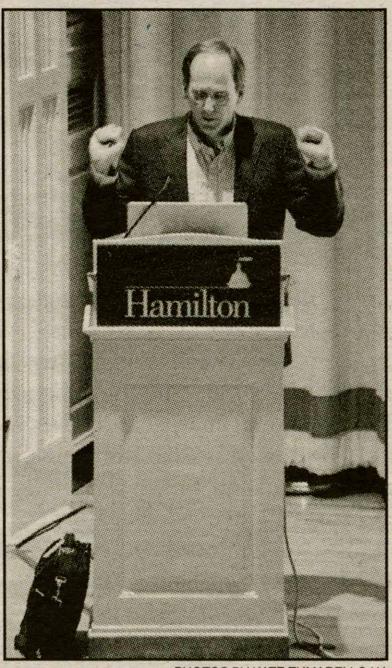
Synchronization is evident in politics, as well. Leaders who are ultra-liberal or ultra-conservative are outliers in the sense that they fail to converge with the great middle; only a partial synchronization occurs. In addition, Strogatz drew a comparison to terrorist organizations. He said that terrorist groups do not necessarily take orders from one leader, so if that leader were killed, the group would not dissolve. Instead, their actions would be shaped by one another's initiatives and decisions.

One powerful message Strogatz conveyed to the audience was young people's ability to make scientific discoveries in that some of the research he presented had been originally proposed in undergraduate theses. Strogatz also mentioned the importance of creativity in scientific endeavors and that interdisciplinary studies can help foster this creativity. The message especially resounded with Hamilton students because of the College's emphasis on cross-disciplinary study.

"Sometimes it helps to have a different set of tools," Strogatz said.

Strogatz has received several awards for his communication skills, including MIT's highest teaching prize, the E. M. Baker Award for Excellence in Undergraduate Teaching (1991) and the Communications Award from the Joint Policy Board for Mathematics (2007), a lifetime achievement award for the communication of mathematics to the general public. Strogatz certainly lived up to his reputation Monday – he spoke about order and chaos in a way that was accessible to all audience members.

And in explaining the firefly mating ritual, Strogatz tried to relate to his listeners: "If nobody gets lucky, it's bad for all of us."



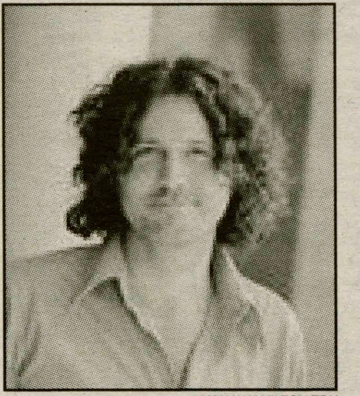
PHOTOS BY KATE TUMARELLO '11

Strogatz discussed how order can emerge from chaos, even in complex systems.

Professor Profile

Jeremy Skipper

Why he picked Hamilton, what he studies and his interests outside of science....



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The following is a continuation of last week's profie of Professor Skipper, who is a new Assistant Professor of Psychology. This semester, he is teaching Brain and Behavior.

by Jeremy Skipper
Assistant Prof. of Psychology

What are you most looking forward to about working at Hamilton? Why did you choose Hamilton?

I am not just kissing the collective Hamilton behind when I say that I chose Hamilton College because I fell in love with Hamilton. Not to mention that B.F. Skinner, the most famous psychologist ever, was here too (okay, maybe Freud was the most famous psychologist). And "Skipper" is "Skinner" with just two letter replacements. Even better, Ezra Pound was a student here and he pretty much wrote "The Waste Land" (besides sporting an excellent mustache).

Seriously, Hamilton shocked me in its physical beauty and I was astounded by how smart and precocious the students were during my interview. (I don't say the latter to be patronizing: I mean relative to own my experience of being a horrific and asinine student during my undergraduate tenure.)

And I LOVE the liberal arts environment generally and Hamilton is VERY special in being a liberal arts college that values research in addition to teaching (because we seem to realize here that the act of doing research is teaching science in a way that you could never learn from a book).

If you see me walking around campus smiling it is because I feel like I won a big lottery by taking this job. Or I might be smiling because I had too much coffee. Granted, I haven't been here in the winter but I plan to get one of those Seasonal Affective Disorder (SAD) lights.

*see **Skipper**, page 13*

Alum presents on how global warming may help our cities

by Sara Scheineson '12
Science & Tech. Contributor

Matthew Kahn '88, returned to his alma mater this past Tuesday to discuss the arguments outlined in his recently published book, *Climatopolis*. In this book, Kahn not only examines how climate change will affect the economy in the future, but he also explains the economists' role in climate change. He explains that individuals, corporations and societies need incentives to reduce carbon emissions and "decarbonize the economy."

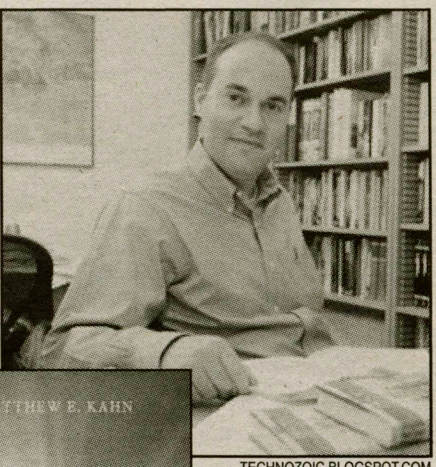
The Senate's refusal to vote on the cap and trade of greenhouse gases demonstrates the world's unwillingness to even consider limiting their use of greenhouse gases at this point in time. According to Kahn, this refusal to control the level of carbon emissions will inevitably lead to serious climate change. To make matters worse, in Kahn's opinion, the continued growth in the developed world will only lead to an increase in the level of greenhouse gas emissions, furthering the likelihood of universal climate change.

Kahn uses his expansive background in the economics of the environment to answer the question of how we are going to adapt to a "hotter future." He states that due to economists' focus on societal tendencies and trends in how people respond to new knowledge, looking at this issue from an economic perspective can provide policy makers with extremely valuable information. He asserts that people have a natural tendency to adapt. Therefore, if climate scientists provide the public with accurate predictions, then the population should respond in a predictable fashion.

Once societal leaders begin noticing signs of climate change, such as hotter temperatures, rising sea levels, scarcity of water and an increase in natural disasters, they will undoubtedly develop innovative solutions to these problems. Kahn states that, "crises create opportunities."

Rising water levels will lead to the development of high rises along the coast. Increasing water prices will results in the destruction of grassy areas in an effort to encourage water efficient capital stock. The risk of wildfires will lead to increased insurances. Public health departments will begin informing the public about upcoming smog alerts. And finally, profit–seeking individuals will innovate useful new produces and technological tools to help us through this future crises.

Individuals will not act alone in their effort to avoid the problem posed by the severe change in climate. Kahn states that the government will play an important role in climate adaptations by publicizing information, creating effective land zoning policies and allowing prices of scarce resources to rise with free market forces. Economists have a deep understanding of natural human and societal tendencies when responding to environmental crises. Therefore, due to the undeniable threat of future extreme shifts in climate trends, utilizing an economic outlook on this situation could provide the government with necessary information when developing policy.



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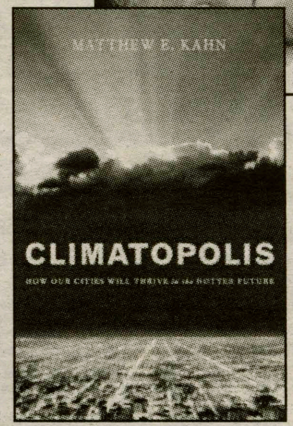

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Matthew Kahn '88 gave a lecture on how economics can help to control climate change, the topic of his new book, *Climatopolis*.

Professor Profile: Jeremy Skipper, Neuroscience

from Skipper, page 12

What will be different about your teaching style or methods? Why should students take classes with yourself?

See for yourself: http://lablab.hamilton.edu/lab-teaching/brain-and-behavior/schedule#TOC-Friday-August-27th-2010. My teaching style will be different because I am different. Be forewarned, my classes will be challenging. The professors that changed my life were the professors that I thought were hard but human. I will be hard, human and fun.

What are your passions outside of science?

My girlfriend Lily who lives in Ithaca, though we didn't meet there. I met her after I gave a talk about language and the brain at Princeton University. She was living in Princeton and doing research before going to Cornell University to go to graduate school. She was smart enough not to go to my talk but unfortunate enough to be out on the street at 10 p.m. when my host, who was in charge of taking the speaker out, was desperately trying to find people to show me a good time. She was just trying to go home when my host accosted her and she said "no way" when asked if she would please join us at the bar when I arrived.

And then I came bumbling down the street (I had already had a bottle of saki) and happened to have a hair cut that stuck up a foot in the air and I was wearing pink sparkly flip-flops. She saw me and said "maybe I will go" and that is history as they say. We enjoy eating fine food and drinking fine wines among other hedonistic activities. I love literature, Borges is a favorite.

And then I came bumbling down the street (I had already had a bottle of saki) and happened to have a hair cut that stuck up a foot in the air and I was wearing pink sparkly flip-flops.

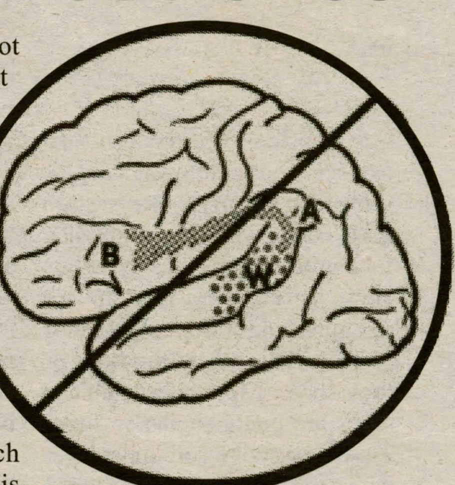
Why are you interested in these questions?

As I said, I am in the process of revolutionizing how we think about the organization of language and the brain. This has some serious implications for the world around us. For example, stroke is the 3rd leading cause of death and is the leading cause of serious, long-term disability in the United States. And that's just in the US. Those disabilities almost always include language impairment.

Said impairment is horrific for the person with stroke because it leaves him or her socially isolated from his or her family and friends. Not to mention it makes it hard to get things done. How do you get a new drivers license from the DMV when you can't ask for one? Almost every medical textbook in the world teaches medical students that language comprehension occurs in one small area in the left hemisphere of the brain.

In contrast, my research shows that the whole brain is involved in processing language out in the real-world. In particular, there are different networks that process different types of information that each lead to the same outcome (i.e., speech understanding).

If this is true, than my research has therapeutic implications for stroke recovery. Namely, if one network goes down due to stroke, we are now in a position to possibly route processing around the damaged network to one of the other networks that contributes to understanding.



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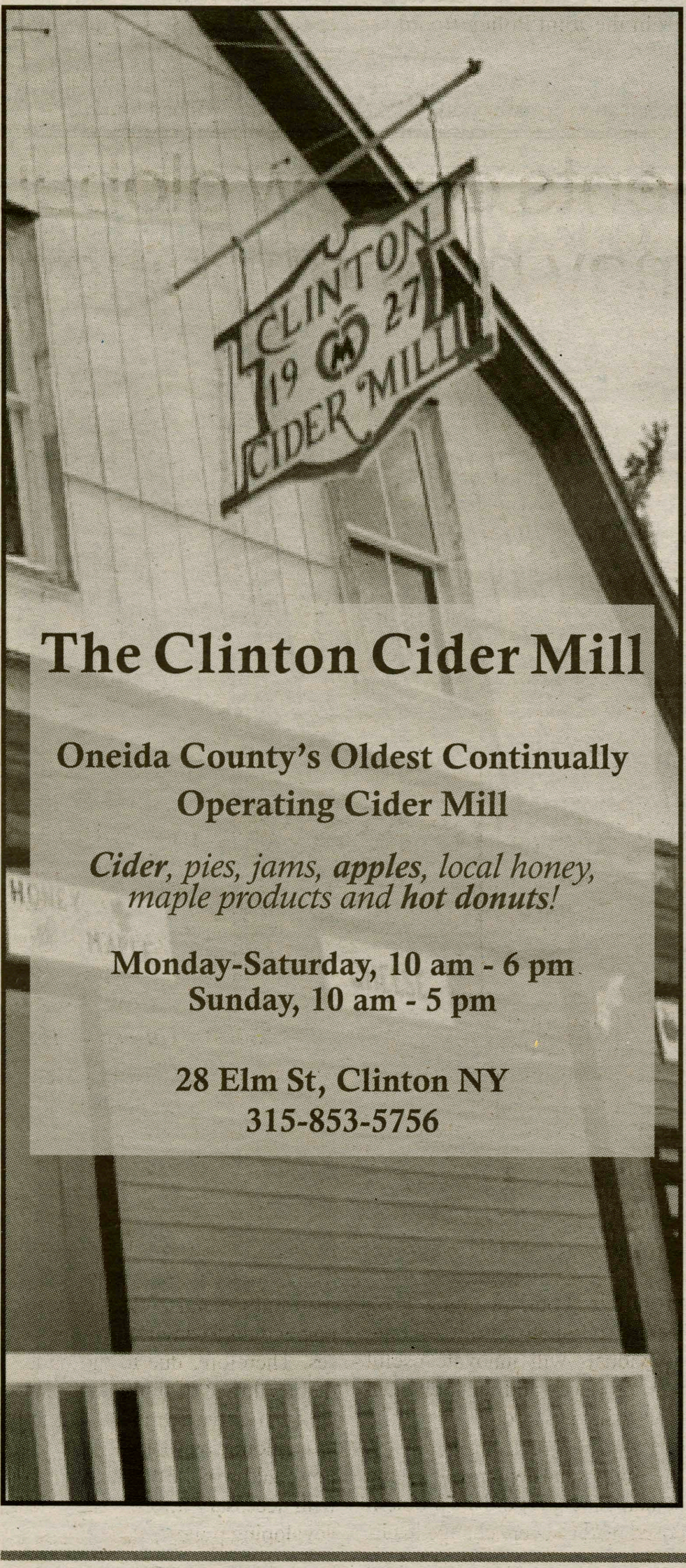
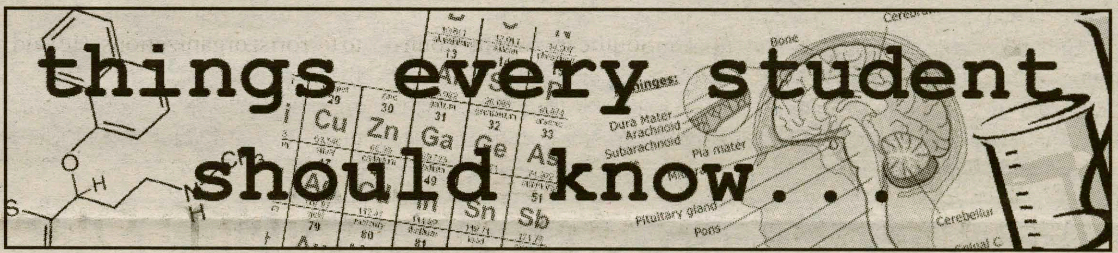
Professor Skipper's research focuses on debunking the classic idea of how language is localized in the brain, as shown above.

What methods are you using to answer these questions?

I have mostly used fMRI, EEG and behavioral methods (e.g., eye- and mouse-tracking). I will continue to use those methods and new ones (e.g., fNIRS) at Hamilton.





How blood drives work, and why gay men can't donate...

by Ben Trachtman '12
SCIENCE & TECHNOLOGY EDITOR

Someone in the U.S. needs a blood transfusion every two seconds. This amount of blood adds up quickly, and organizations such as the Red Cross must have a continuous supply of blood from donors to keep up with demand. Unfortunately, they cannot accept blood from everyone; the Red Cross turns away people with certain infectious diseases or who are at risk for contagious diseases. Most of these policies are grounded in hard science and common sense, but there is one notable exception: the Red Cross will not accept blood from homosexuals. Revisiting this outdated policy could provide thousands more pints of blood and could mean the difference between life and death for patients in desperate need of a transfusion.

This policy was put in place in 1985 in response to the perceived correlation between gay men and acquired immune deficiency syndrome (AIDS). The belief at the time was that gay men in particular were at high risk for contracting AIDS, and so they were forbidden from donating as a precaution against infecting others. The policy grew to encompass any men who had engaged in homosexual activity since 1977, the year when the AIDS epidemic first hit the U.S. But this condition fails to account for the large proportion of the homosexual community without AIDS. Nowadays, the Red Cross cannot afford to turn anyone away based on assumptions. When blood is at a premium, this policy is limiting how much the Red Cross can collect.

Currently, less than 38 percent of the American population is eligible to donate blood. In 2006, 9.5 million Americans donated blood, about 3 percent of the total population. The Red Cross and other blood donation services cannot ask the public for more donations while simultaneously refusing donations based on unscientific reasons. They keep this policy, even though there are fast and easy methods to determine if a blood sample is infected with AIDS other than screening the person.

One of the biggest factors that has changed over the past 40 years is technology. Modern AIDS testing is a great deal more efficient in terms of both cost and time than it was in the '70s, and the Red Cross has already adopted this technology. All blood donations are screened for a variety of contagious diseases, including AIDS. Clearly, then, the Red Cross recognizes that not just gay men can contract AIDS, as they test the entire population. It should be easy for them to allow gay men to donate and screen their donations just like any other.

However, the Red Cross is not the only party to blame. The Food and Drug Administration (FDA) holds the same position. As a government agency, they can provide funding to blood banks. However, these funds are only given out on the condition that the banks follow all of the FDA's procedures, including not accepting donations from gay

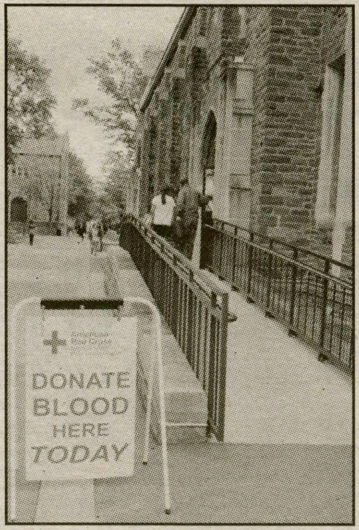


PHOTO BY KATE TUMARELLO '11

On Friday, Sept. 17, Hamilton students donated 100 pints of blood, enough to save 300 people.

men. Between the Red Cross and the FDA, this policy is ubiquitous in American blood donation procedures, even though it locks both organizations out of obtaining more healthy blood.

Blood transfusions can mean the difference between living and dying for thousands of people every year. With blood supplies running low, organizations that perform blood drives cannot afford to turn away potential donors simply because of their sexual orientation. Modern technology allows for rapid and efficient testing of blood samples, such that any infected sample could be disposed of without having to pre-screen homosexuals. At this point, it seems that this policy is based more on a stereotype than hard science.

To run a mile in no shoes: A writer investigates the problems with shoes and the benefits of barefoot running

by Robert Kosar '12
Science & Tech. Contributor

Consider the modern athletic shoe. The term "athletic" is something of a misnomer because many people wear this style of shoe for comfort as much as for utility. However, the word is useful for distinguishing it from other kinds of footwear, such as flip-flops or dress shoes. Most modern athletic shoes are pretty similar in form. They consist of a soft upper layer with a rubber sole that is thicker at the heel than at the toe. The sole is molded to fit the contours of the foot and support the arch.

In fact, the arch support itself may be designed for people with low, middle or high arches, seemingly based on the notion that it is a good idea to fully prop up the foot and distribute one's weight evenly over the entire sole. But is this conspiracy to prevent our feet from doing any work really a good idea?

The elements of the modern athletic shoe have a significant impact on their wearer. Recent work by Lieberman, et al., published in *Nature* demonstrates that people who have worn running shoes for most of their lives have significantly different stride patterns from those who have been habitually barefoot. Their study was particular to runners, but running is common in most athletic activities, so the results have wide implications.

The study found that 100 percent of American adults who had worn shoes for most or all their lives had a rear-foot strike, as opposed to a mid- or a fore-foot strike, while wearing shoes. In other words, they tended to land on their heel while running rather than on their heel and the ball of their foot or just the ball of their foot.

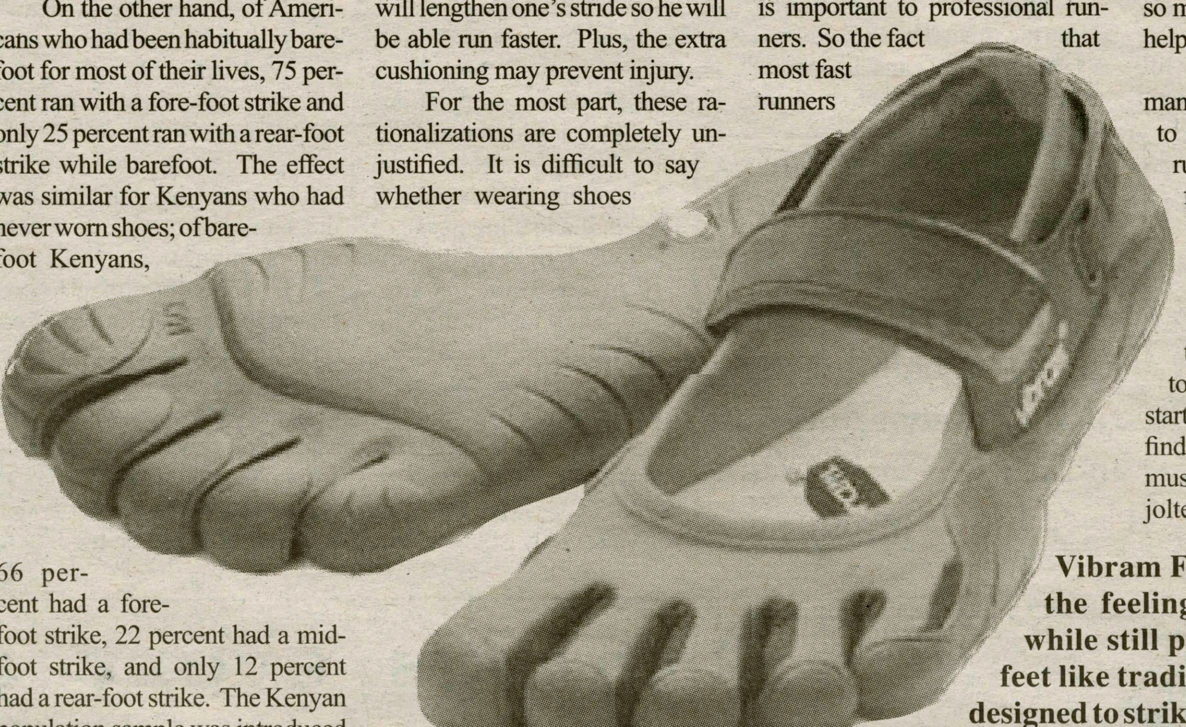
On the other hand, of Americans who had been habitually barefoot for most of their lives, 75 percent ran with a fore-foot strike and only 25 percent ran with a rear-foot strike while barefoot. The effect was similar for Kenyans who had never worn shoes; of barefoot Kenyans, 66 percent had a fore-foot strike, 22 percent had a mid-foot strike, and only 12 percent had a rear-foot strike. The Kenyan population sample was introduced in order to offer a perspective on people who spent much of their lives running barefoot.

These numbers make sense in light of the physical attributes of an athletic shoe. The thick cushy heal makes a heel strike comfortable, or even natural. On the other hand, as anyone accustomed to wearing shoes will attest, a heel strike on a hard surface quickly becomes painful. So what if the shoe changes one's stride? The shoes feel comfortable, and maybe a heel-strike will lengthen one's stride so he will be able run faster. Plus, the extra cushioning may prevent injury.

For the most part, these rationalizations are completely unjustified. It is difficult to say whether wearing shoes makes you run faster or not. Certainly most of the fastest runners in the world wear shoes, but not all of them. There have been notable exceptions, such as Abebe Bikila of Ethiopia, who won the 1960 gold medal for the men's marathon in the Olympics while barefoot. Of course, this is only anecdotal, but it may be that the reason more elite runners do not run barefoot is that the sponsorship money associated with wearing some brand's shoes is important to professional runners. So the fact that most fast runners wear shoes does not constitute evidence that wearing shoes will help one run fast.

It is even less likely that wearing shoes will help you avoid injury. The same study mentioned above found that people who wore shoes and had a rear-foot strike had fully double the impact force on their feet while running than barefoot runners with a forefoot strike. It certainly seems likely that impact force has a positive association with injury, so maybe that cushy sole is not so helpful after all.

Perhaps most importantly, many people find running barefoot to be altogether more fun than running with shoes on. Your feet are among the most sensitive places on your body and the increased tactile sensation from running barefoot can be immensely enjoyable. A word to the wise: if you do decide to give barefoot running a try, start slow. Otherwise, you may find your previously unexercised muscles do not appreciate being jolted out of their slumber.



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Vibram FiveFingers shoes offer the feeling of running barefoot while still protecting the wearer's feet like traditional shoes. They are designed to strike a balance between the risks and benefits of barefoot running.

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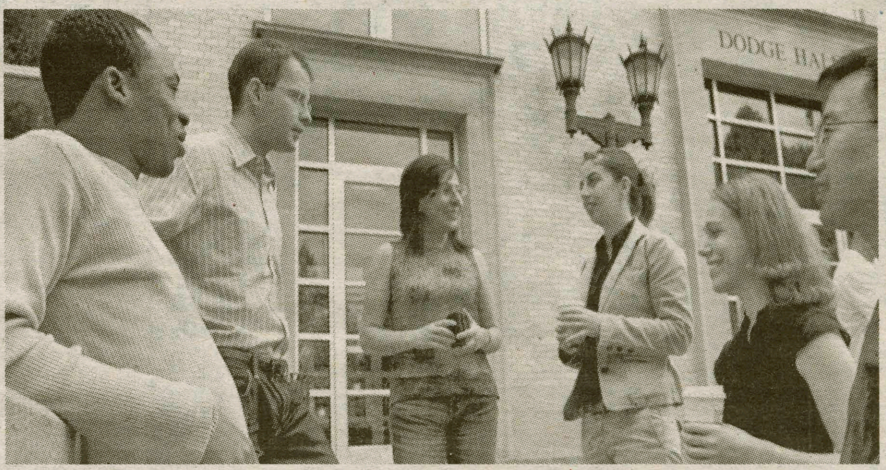

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The Exiles play in their opener against Clarkson last week.

Conditioning a key for men's rugby

*from **Rugby**, page 16*

head injury and was lost for the rest of the game. However, the Exiles didn't let this affect their play and soon took the lead on a score by Jack Kissel '13.

Bryan's excellent kicking game allowed the Exiles to keep their opponents on the move. They were able to maintain field position for most of the first half. But just as things were looking up, the Exiles were handed another setback when Pete Lauro '12 suffered a large gash across his eyebrow and was forced to join Farrington on the sidelines. Plattsburg was quick to capitalize on this opportunity and punched in two quick tries (but was unable to convert on both kicks) and entered the half up 12 – 7.

Plattsburg started off the second half with another quick try but once again were unable to convert the kick after making the score 18 – 7. Up until this stage of the game, the Exiles appeared to be outmanned, but were able to stay in the game, again, due to their conditioning. Earlier in the game, Plattsburg pushed the much smaller Exiles around in the scrums, and the rucks were often incredibly physical with both sides exchanging big hits.

But as they began to tire, the much smaller Exiles began to run circles around their larger opponents, pushing them around in the scrums. Hamilton was able to run up and down the field, delivering bone-jarring hits to Plattsburg's team. To compensate for their lack of speed and endurance, Plattsburg resorted to playing dirty. Several Plattsburg players threw punches and illegal elbows and near the end of the second half a Plattsburgh player red carded and ejected. The Exiles fought hard until the end, but they ran out of time to make a significant comeback and lost the game 18 – 7.

The Exiles were defeated 17-8 by Colgate on Sept. 22. They return to action on Oct. 2 at home against RPI.

Cross country team preps for important Lehigh meet

*from **Cross Country**, page 16*

his next fastest teammate, Lynch. With more blazing times like this, Bickard might replace Kosgei as the new household name of Hamilton running.

With a two week break before the next race, the Continentals are training as hard as ever to prepare themselves for the Lehigh Invitational, one of the largest meets in the country. According to Coach Hull, the athletes are looking to compare themselves to a national field, and "[Lehigh] should be a good indicator where we stack up against other teams in the country." The athletes are enduring ever more difficult workouts in order to arrive at this meet in top form, such as 800m repeats at race pace. With a couple invitationals under their belt to get back into the racing spirit, the Continentals should be ready to impress when the next phase of their season commences at Lehigh on Oct. 1.

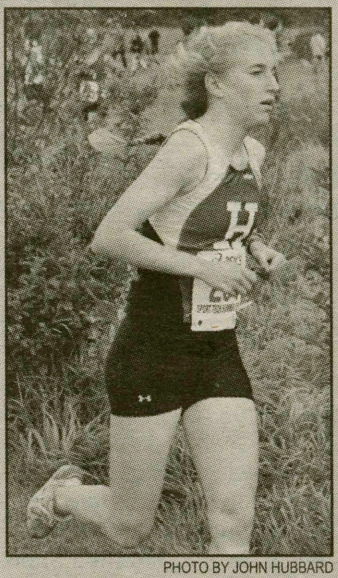


PHOTO BY JOHN HUBBARD

Tory Grieves '12 runs the 5K.

NESCAC NEW ENGLAND SMALL COLLEGE ATHLETIC CONFERENCE

POWER RANKINGS

COMPILED BY THE TUFTS DAILY

It was a big weekend in the NESCAC, one that is reflected in this week's edition of the NESCAC Power Rankings. Perhaps the biggest shake-up occurred at the top, where Middlebury leapfrogged the previous No. 2 Amherst into the runner-up slot. The Lord Jeffs were hurt by their field hockey squad, which fell to 1-2 overall after a loss to Tufts, and their men's soccer team. The Panthers, meanwhile, have four teams ranked in the top four in the league by the voters.

Conn. College, additionally, moved past Trinity, the week's biggest faller, and into sixth place; the Bantams, meanwhile, fell from fifth to seventh. Hamilton, additionally, is the newest bottom-feeder after dropping into 11th overall.

THIS WEEK	SCHOOL	FOOTBALL	MEN'S SOCCER	WOMEN'S SOCCER	FIELD HOCKEY	VOLLEYBALL	AVERAGE	RANK/ CHANGE
1	WILLIAMS	2 (2.38)	2 (2.25)	2 (1.89)	9 (8.13)	4 (4.13)	3.75	1 ↔
2	MIDDLEBURY	4 (4.25)	1 (1.38)	9 (7.88)	4 (4.25)	3 (3.63)	4.28	3 ↑
3	AMHERST	1 (1.25)	t-6 (6.13)	1 (1.38)	t-7 (6.5)	7 (7.63)	4.58	2 ↓
4	TUFTS	9 (8.00)	8 (8.38)	3 (4.00)	1 (1.50)	2 (2.13)	4.80	4 ↔
5	BOWDOIN	5 (5.88)	t-6 (6.13)	6 (6.00)	2 (2.13)	5 (4.83)	4.83	6 ↑
6	CONN. COLLEGE	—	3 (3.25)	10 (9.75)	6 (5.38)	1 (1.50)	4.97	7 ↑
7	TRINITY	3 (2.63)	10 (9.38)	4 (4.13)	5 (5.00)	6 (5.88)	5.4	5 ↓
8	WESLEYAN	7 (7.13)	4 (3.88)	5 (5.13)	3 (3.88)	8 (7.75)	5.55	7 ↓
9	COLBY	6 (6.38)	5 (5.63)	t-7 (7.63)	t-7 (6.5)	t-9 (9.13)	7.38	9 ↔
10	BATES	10 (9.25)	9 (8.63)	t-7 (7.63)	10 (10.00)	t-9 (9.13)	8.93	11 ↑
11	HAMILTON	8 (7.88)	—	—	—	11 (10.63)	9.25	10 ↓

The poll was devised as follows: Each voter ranked all NESCAC schools in each sport, and those scores were averaged to create a composite ranking for each sport. The composites were then averaged to determine each school's overall ranking. Note that Hamilton does not compete in field hockey, men's soccer or women's soccer in the NESCAC, and Conn. College does not compete in football.

This week's list was determined by polling Amro El-Adle (Amherst Student), James Reedy & Seth Walder (Bowdoin Orient), Rob Yee (Colby Echo), Nick Woolf & Mike Flint (Conn. College Voice), Katie Siegner (Middlebury Campus), Ann Curtis and Emily Gittleman (Trinity Tripod), Alex Prewitt (Tufts Daily) and Meghan Kiesel (Williams Record).

DESIGNED BY STEVEN SMITH/TUFTS DAILY

Hamilton sports scoreboard (9/15-9/22)

9/15

Women's soccer vs. SUNY Cortland: 2-1 (W)

9/17

Cross Country @ SUNY-Oneonta Airfield Invitational: 15th place (Men); 10th place (Women)

Women's Volleyball @ Trinity: 0-3 (L)

9/18

Men's golf @ Middlebury [Duke Nelson Invitational]: 6th

Men's soccer @ Nazareth: 2-1 (W)

Women's soccer vs. Nazareth: 2-1 (W)

Women's volleyball @ Conn. College: 0-3 (L); @Wesleyan: 1-3 (L)

9/19

Men's golf @ Middlebury Duke Nelson Invitational: 4th

Men's Soccer Undefeated

*from **Soccer**, page 16*

Tempest '13 have led a solid defense.

After playing two away contests, the team's next game will be played at Love Field, on Friday, Sept. 24, against Union. It will be the team's first Liberty League matchup. "Being the first conference game, it has all the significance in the world to us, so all week that's what we will be working for," said Campagnano. Union is coming off their first loss of the season, a 3-1 defeat at the hands of SUNY-Geneseo, but so far have recorded some impressive victories, including a 5-0 win over Caznovia College and a 7-1 drubbing of St. Joseph's College.

"We know Union is going to be an intense game with a lot of physicality," said Campagnano. "Once the game starts, we want to play our game and make sure we leave it all out on the field."

SPECTATOR SPORTS

September 23, 2010

Fitzpatrick places 9th in Short Course Invitational

by Cooper Creagan '13
Staff Writer

It was a beautiful day to run when the Continentals' cross country team hit the golf course for the Hamilton Short Course Invitational two weeks ago. The women kicked off the meet, confidently putting Nazareth and Mohawk Valley Community College behind them. Captain Meredith Fitzpatrick '11 led the Continentals, placing ninth in the competitive race amongst a host of talented SUNY Cortland and Mansfield runners. Her time of 15:34 means that she ran each of the two and a half miles in a blazing 6:17.

Her teammates were not far behind, captain Abby King '11 and Emily Potter '12 both finishing under 16 minutes and leading a train of black and blue uniforms that stretched back far over the golf course, a testament to the team's depth and strength in numbers. The women stayed close together, a mere half minute separating Abby King and Hamilton's ninth finisher Rachel Cackett '13. "After the first few meets, it is obvious that our top 10 runners are racing in a tight pack!" observed Coach Ellen Hull.

The women again held together at the SUNY Oneonta Airfield Invitational last weekend. This time, King led the charge with a time of 23:39, running nearly four miles at a pace of 6:21 per mile. In a field of no less than twenty schools, Hamilton placed tenth, edging out 11th place RPI by an average of one second per runner.

Not only is the front pack's closeness a great help in races, but it also benefits the women in training, according to Coach Hull: "[The team's closeness] has been great from a training standpoint, too, because they're all pushing each other." Therefore, it is up to the frontrunners to pull this tight pack up to yet greater performances, and it will be up to the others in the group to dig deep and follow them there.

On the men's side, Peter Kosgei '11 led the men to victory at the Short Course Invitational shortly after the women's race finished. Easily running at a pace of 5:04 per mile, Kosgei placed first with a time of 18:50 for six kilometers. Scott Bickard '11, James Grebey '12 and Devon Lynch '11 were not far behind, coming in third, fourth and seventh place respectively and all finishing in under 20 minutes.

The men were to run without Kosgei at Oneonta, allowing Bickard to finish first of the Continentals and 24th overall in a very competitive field. With a time of 26:03 for five miles, Bickard ran a pace similar to his short course race and finished over a minute ahead of

*see **Cross Country**, page 15*

Men's Rugby off to shaky 1-2 start

by Josh Orndorff '11
Sports Contributor

The Hamilton men's rugby team's first two games of the season were in stark contrast with one another, both in gameplay and outcome. On Sept. 11 the Exiles opened up their season at Clarkson University in dominating fashion. Jack Millson '11 and Marcus Sesin '13 opened up the game with 2 quick tries, putting the Exiles up 14 – 0 to start off the match.

Despite the fantastic start, sloppy and at times selfish play by the Exiles kept Clarkson in contention for much of the first half. As the game wore on however, the Exiles' offseason effort began to shine through as they maintained stamina while their opponents began to tire.

According to HCRFC President Will Brodt '11, Clarkson was no match for the Exiles' superior conditioning. As Clarkson began to tire, the Exiles began to light up the scoreboard. Seniors Jack Millson, Rob Bryan and Jake Lacy all scored tries in the second half and senior Jeremy Safran tallied 10 points in the kicking game for the Exiles.

When all was said and done, the Exiles put up 45 points to Clarkson's 17. Brodt attributed the success in the second half to adjustments the team made at the half and to cutting out mistakes and bad penalties.

On September 18, the Exiles took the pitch at Hamilton against a more formidable opponent in SUNY-Plattsburgh. Early in the game, it became clear that the Exiles needed to maintain consistent intensity to overcome the size and strength of Plattsburgh.

The game started off slow with the only early score being a converted penalty kick for Plattsburgh giving them the first lead at 3 – 0. Then, still relatively early in the first half, the Exiles were dealt a blow as captain Matt Farrington '12 sustained a

*see **Rugby**, page 15*

ALL SOCCER PHOTOS BY KATE TUMMARELLO '11

Anthony Balbo '13 (left) and Frank Campagno '12 (center) move the ball upfield.

Campagno lights up the scoreboard for men's soccer

by Scott Etkin '14
Sports Contributor

Two weeks ago, the men's soccer team won their opener at home against SUNY-IT in 90 degree heat. Despite cooling temperatures, the Continentals don't show any signs of letting up. The squad remains undefeated through five games played.

Hamilton has run its record to 3-0-2 with a draw with Cortland; a rout of Ithaca; a scoreless tie at SUNY-Oswego, and a win at Nazareth.

On Wednesday, Sept. 8, Hamilton fought to a frustrating 1-1 tie at home against SUNY-Cortland. The Red Dragons took a lead on a corner kick in the 14th minute. The Continentals blew a chance to tie the game in the 34th minute on a missed penalty kick, but were able to knot it up five minutes later when Anthony Balbo '13 put away his first goal of the year.

Hamilton breezed against Ithaca at home on Saturday, Sept. 11. Balbo gave the Continentals their first goal of the game just 4:43 in on a corner kick, assisted by John Sanford '11. They got their second goal courtesy of Frank Campagno '12 (his first of the year, assist by John Marchessault '11), and their third from Sanford (his second, assist from first-year Leo Nizzi.)

The Continentals' second tie of the season was disappointing; despite pushing their record to 2-0-2, Hamilton tied to an inferior SUNY-Oswego. Oswego's record coming into the game was 1-4. Balbo had the team's best scoring chance two minutes into the second half, hitting the left goal post from the left side of the box. Hamilton held a 20-8 advantage in shots and had 11 corner kicks, but couldn't make good on any of them. Keeper Eric Boole '13 recorded his second shutout of the year with two saves.

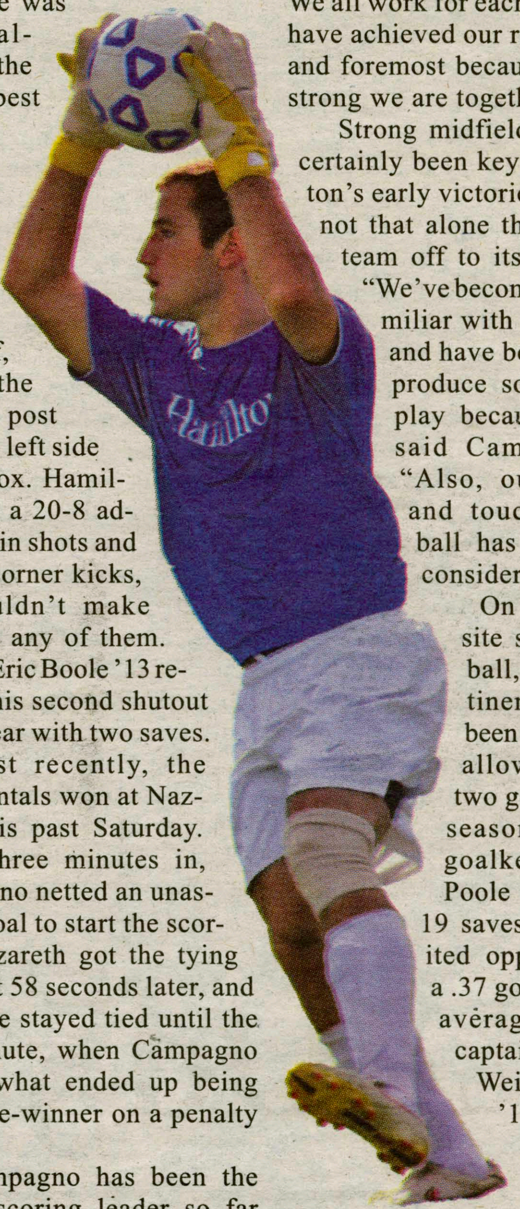
Most recently, the Continentals won at Nazareth this past Saturday. Thirty-three minutes in, Campagno netted an unassisted goal to start the scoring. Nazareth got the tying goal just 58 seconds later, and the game stayed tied until the 74th minute, when Campagno scored what ended up being the game-winner on a penalty kick.

Campagno has been the team's scoring leader so far with three goals. He attributes Hamilton's early success to the way the team has formed into a group recently. "It's remarkable how close our team is after such a short span of time. We all work for each other and have achieved our results first and foremost because of how strong we are together."

Strong midfield play has certainly been key in Hamilton's early victories, but it is not that alone that has the team off to its hot start. "We've become more familiar with each other and have been able to produce some better play because of it," said Campagnano. "Also, our fitness and touch on the ball has improved considerably."

On the opposite side of the ball, the Continentals have been even better, allowing only two goals on the season. Steady goalkeeping by Poole (who has 19 saves) has limited opponents to a .37 goals against average. Also, captain Bennett Weinerman '11 and Dan

*see **Soccer**, page 15*



Goalie Eric Boole '13.